



WEIGHTLIFTING

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Document owner	Konul Nurullayeva
Creator name	Mark Honeybunn
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1.0	26 Feb 2016	Azerbaijan Weightlifting Federation	First draft
1.1	8 Mar 2016	Mark Honeybunn	General comments and revisions
1.2	20 Apr 2016	ISSF	General comments and revisions
1.3	24 Oct 2016	Emin Aliyev	General comments and revisions

Abbreviations and Terminology

Title	Abbreviation	Notes
Islamic Solidarity Sports Federation	ISSF	
Azerbaijan Islamic Games Organizing Committee	AISGOC	
4 th Azerbaijan Islamic Solidarity Games	Baku 2017	
National Olympic Committee	NOC	

TECHNICAL RULES

1 RULES AND REGULATION

- 1.1 Weightlifting competitions shall be organized in accordance with the International Weightlifting Federation (IWF) Rules. In case of controversy with regard to the interpretation of the IWF Rules, the English version shall be considered binding. Issues that are not covered explicitly shall be dealt with as follows.
- 1.2 Technical issues shall be resolved according to the International Federation Rules.
- 1.3 General issues shall be resolved according to the ISG Basic Regulations and General Regulations as well as this Technical Handbook.

2 VENUE AND SCHEDULE

- 2.1 The 4th Islamic Solidarity Games Weightlifting competition shall be organized during the period 13th - 17th May 2017.
- 2.2 The Weightlifting competition shall be staged in Baku.
- 2.3 Suitable training facilities will be prepared for the participating teams according to a schedule made by the Organizing Committee and distributed to the teams participating in the Games.

3 TECHNICAL MEETING

- 3.1 The Technical meeting (Final Verification Meeting) shall take place on 11th May 2017, and be followed by the Technical Officials meeting. The meeting shall be attended by:
 - Technical Delegate
 - Representatives of the Referees and Judges' Committee.
 - Maximum number of two members of each team (official and/or coach).
- 3.2 The meeting aims at providing the necessary information on the progress of events as well as the explanations related to the implementation of the Rules of the International Federation and the provisions of the sport Technical Regulations.

4 EVENTS AND PARTICIPATION

- 4.1 Every National Olympic Committee (NOC), whose National Federation is affiliated to the International Weightlifting Federation (IWF), may participate in the competition with a team of maximum sixteen (16) competitors + 3 officials + 3 coaches + 1 team doctor.

Athletes	Manager	Coaches	Medical
1	1	1	1
2-6	2	2	1
7-10	2	3	1
11-16	3	3	1

- 4.2 A maximum of eight (8) athletes can be entered for the men's and women's events accordingly.
- 4.3 A competitor shall compete in one category only. Each NOC can enter a maximum of

two (2) athletes per category.

4.4 All lifters shall wear Muslim weightlifting suit.

4.5 A breakdown of the events and total delegation is detailed below.

Gender	Events	Max number of Athletes / NOC	Max number of Officials per NOC	
Men	1. 56kg	8	Coach	3
	2. 62kg			
	3. 69kg			
	4. 77kg			
	5. 85kg			
	6. 94kg			
	7. 105kg			
	8. +105kg			
Women	1. 48 kg	8	Official/TM	3
	2. 53 kg		Paramedic	1
	3. 58 kg			
	4. 63 kg			
	5. 69 kg			
	6. 75 kg			
	7. 90 Kg			
	8. + 90 Kq			

5 COMPETITION TIMESCHEDULE*

Date	Time	Contest
13 May, Saturday	10.00-12.00	Women Weigh in 48 Kg
	12.00-14.00	Women Competition 48 Kg
	12.00-14.00	Women Weigh in 53 Kg
	14.00-16.00	Women Competition 53 Kg
	14.00-16.00	Men Weigh in 56Kg
	16.00-18.00	Men Competition 56 Kg
14 May, Sunday	10.00-12.00	Women Weigh in 58 Kg
	12.00-14.00	Women Competition 58 Kg
	12.00-14.00	Women Weigh in 63 Kg
	14.00-16.00	Women Competition 63 Kg
	14.00-16.00	Men Weigh in 62 Kg
	16.00-18.00	Men Competition 62 Kg
15 May, Monday	10.00-12.00	Women Weigh in 69 Kg
	12.00-14.00	Women Competition 69 Kg
	12.00-14.00	Men Weigh in 69 Kg
	14.00-16.00	Men Competition 69 Kg
	14.00-16.00	Women Weigh in 75 Kg
	16.00-18.00	Women Competition 75 Kg

Date	Time	Contest
16 May, Tuesday	10.00-12.00	Women Weigh in 90 Kg
	12.00-14.00	Women Competition 90 Kg
	12.00-14.00	Women Weigh in +90 Kg
	14.00-16.00	Women Competition +90 Kg
	14.00-16.00	Men Weigh in 77 Kg
	16.00-18.00	Men Competition 77 Kg
	16.00-18.00	Men Weigh in 85 Kg
	18.00-20.00	Men Competition 85 Kg
17 May, Wednesday	10.00-12.00	Men Weigh in 94 Kg
	12.00-14.00	Men Competition 94 Kg
	12.00-14.00	Men Weigh in 105 Kg
	14.00-16.00	Men Competition 105 Kg
	14.00-16.00	Men Weigh in +105Kg
	16.00-18.00	Men Competition +105 Kg

*a finalized competition schedule will be issued prior to competition.

6 EQUIPMENT AND ACCESSORIES

6.1 All competition equipment and accessories shall comply with the IWF specifications.

7 MEDALS, DIPLOMAS AND VICTORY CEREMONIES

7.1 Victory ceremonies shall be held directly following the end of each competition. Winners shall wear their sport apparel or the official uniform of their National Olympic Committees.

7.2 Gold, silver and bronze medals are awarded respectively to the first three (3) places for the Snatch, the Clean & Jerk and the total in each of the bodyweight categories.

- The first place: a gold medal and a diploma.
- The second place: a silver medal and a diploma.
- The third place: a bronze medal and a diploma.
- Competitors placed from the fourth (4th) to the eight (8th) positions shall be awarded ranking certificates.