

Title	Sport Handbook – Swimming		
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	requirements and technical guidelines for Swimming		
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Document Revision History

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1.0	26 Feb 2016	Azerbaijan Water Sports Federation	First draft
1.1	8 Mar 2016	Mark Honeybunn	General comments and revisions
1.2	20 Apr 2016	ISSF	General comments and revisions
1.3	24 Oct 2016	Jessica Baldwin	General comments and revisions

Abbreviations and Terminology

Title	Abbreviation	Notes
Islamic Solidarity Sports Federation	ISSF	
Azerbaijan Islamic Games Organizing Committee	AISGOC	
4 th Azerbaijan Islamic Solidarity Games	Baku 2017	
National Olympic Committee	NOC	

TECHNICAL RULES

1. RULES AND REGULATION

- 1.1 All Aquatic swimming competitions shall be carried out in accordance with the Federation Internationale de Natation (FINA) Rules. In the case of any controversy over the interpretation of rules, the English version of the FINA rules (2015-2017) shall be considered binding. Issues not stipulated for shall be dealt with according to the following:
 For technical matters, the FINA Rules are binding. For general matters, ISG
 - For technical matters, the FINA Rules are binding. For general matters, ISG Basic regulations, General Rules and this Technical Handbook should be consulted.
- 1.2 Aquatic Swimming competitions shall be organized in a 50m Olympic sized pool (10 lanes) according to FINA regulations. Ten (10) lanes of the competition pool will be used for the morning heats, while semi-finals and finals will be swum using eight (8) lanes.

2. VENUE AND SCHEDULE

- 2.1 Aquatic Swimming competition shall be organized in Baku. Competitions shall be staged in Baku Aquatic Centre.
- 2.2 All training will take place at the Baku Aquatics Centre. Both 10 lane 50m pools will be used for training.

3. TEAM LEADER MEETING

- 3.1 The technical meeting shall be held on 11th May 2017.
- 3.2 The meeting shall be attended by:
 - Technical Delegate
 - Representatives of the sport Referees and Judges' Committee.
 - Two members of each team (official and coach).

The meeting aims at providing the necessary information on the progress of events as well as the explanations related to the implementation of the Rules of the International Federation and the provisions of the sport Technical Regulations.

4. PARTICIPATION

- 4.1 A National Olympic Committee whose National Federation is a member of Federation Internationale de Natation (FINA) is entitled to participate in competition with one team composed of forty (40) swimmers, twenty (20) men and twenty (20) women, two (2) in each individual event and with one (1) team in each relay event + (1) official + (2) coaches + (1) Paramedic.
- 4.2 A swimmer is entitled to participate in five individual competitions and any number of relay competitions.
- 4.3 Athletes must hold the nationality of the country from which the NOC is registered. For eligibility, only individual passports shall be used as the official document of the athlete.
- 4.4 It should be noted that for swimming, athletes must have obtained a minimum of 600 FINA points to participate. Qualifying times are provided below:

Men	Event	Women
24,79	50 FREE	28,13
55.61	100FREE	1.01,73
2.00,93	200 FREE	2.13,95
4.20,92	400 FREE	4.42,61
8.56,04	800 FREE	9.37,86
17.12,70	1500 FREE	8.17,27
28,50	50 BACK	32,08
1.01,58	100 BACK	1.08,90
2.12,69	200 BACK	2.27,08
31,32	50 BREAST	34,95
1.08,67	100 BREAST	1.16,29
2.30,58	200 BREAST	2.44,93
26,59	50 FLY	28,96
59,06	100 FLY	1.05,96
2.12,20	200 FLY	2.24,42
2.15,16	200 IM	2.29,53
4.49,10	400 IM	5.18,25
3.43,18	4X100 FREE	4.10,14
8.16,24	4X200 FREE	9.07,85
4.05,75	4X100 MEDLEY	4.35,12

4.5 Events and Quota:

Male maximum	Events	Female Maximum	Team Official
entries		Entries	
2	50.M FREESTYLE	2	
2	100.M FREESTYLE	2	
2	200.M FREESTYLE	2	
2	400.M FREESTYLE	2	
2	800.M FREESTYLE	2	Team Manager
2	1500.M FREESTYLE	2	Paramedic
2	50.M BACK STROKE	2	Head Coach
2	100.M BACK STROKE	2	Coach
2	200.M BACK STROKE	2	
2	50.M BUTTERFLY STROKE	2	2 Judges
2	100.M BUTTERFLY STROKE	2	
2	200.M BUTTERFLY STROKE	2	
2	50.M BREAST STROKE	2	
2	100.M BREAST STROKE	2	
2	200.M BREAST STROKE	2	
2	200.M INDIVIDUAL MEDLEY	2	
2	400.M INDIVIDUAL MEDLEY	2	
	RELAY		
1 TEAM	4 X 100.M FREESTYLE RELAY	1 TEAM	
1 TEAM	4 X 200.M FREESTYLE RELAY	1 TEAM	
1TEAM	4 X 100.M MEDLEY RELAY	1 TEAM	

5. COMPETITION TIMETABLE

5.1 A provisional competition schedule is provided below.

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
13-May	14-May	15-May	16-May	17-May
HEATS (from 10:00)	HEATS (from 10:00)	HEATS (from 10:00)	HEATS (from 10:00)	HEATS (from 10:00)
100 m. Butterfly M	200 m. Freestyle M	50 m. Freestyle M	50 m. Backstroke W	50 m. Freestyle W
50 m. Breastroke W	50 m. Butterfly W	100 m. Breaststroke W	50 m. Backstroke M	50 m. Butterfly M
50 m.Breaststroke M	200 m. Breaststroke M	100 m. Breaststrkoe M	200 m. Freestyle W	200 m. Breaststroke W
200 m. Ind.Medley W	100 m. Freestyle W	200 m. Backstroke W	100 m. Freestyle M	400 m. Freestyle W
400 m. Freestyle M	100 m. Backstroke M	400 m. Ind. Medley M	100 m. Butterfly W	4x100 m.lnd.Medley M
100 m. Backstroke W	200 m. Ind. Medley M	200 m. Butterfly W	200 m. Butterfly M	4x100 m.lnd.Medley W
200 m. Backstroke M	4x200 m. Freestyle W	4x200 m. Freestyle M	400 m. Ind. Medley W	
4x100 m.Freestyle M	1500 m. Freestyle M (slowest)	50 m. Freestyle M	4x100 m. Freestyle W	
800 m. Freestyle W (slowest)		1500 m. Freestyle W (slowest)	800 m. Freestyle M (slowest)	
SEMI-FINALS/FINALS	SEMI-FINALS/FINALS	SEMI-FINALS/FINALS	SEMI-FINALS/FINALS	SEMI-FINALS/FINALS
(from 18:00)	(from 18:00)	(from 18:00)	(from 18:00)	(from 18:00)
50 m. Breastroke W -SFs	50 m. Butterfly W-SFs	50 m. Freestyle M-SFs	50 m. Backstroke W-SFs	50 m. Freestyle W-SFs
50 m.Breaststroke M-SFs	200 m. Freestyle M	100 m. Freestyle W	50 m. Backstroke M-SFs	50 m. Butterfly M-SFs
200 m. Backstroke M	200 m. Breaststroke M	100 m. Breaststroke M-SFs	100 m. Breaststroke W	200 m. Breaststroke W
200 m. Ind.Medley W	100 m. Freestyle W-SFs	200 m. Backstroke W	100 m. Freestyle M-SFs	100 m. Butterfly W
400 m. Freestyle M	200 m. Ind. Medley M	400 m. Ind. Medley M	400 m. Ind. Medley W	400 m. Freestyle W
100 m. Backstroke W-SFs	100 m. Backstroke W	200 m. Butterfly W	200 m. Butterfly M	50 m. Butterfly M
100 m. Butterfly M-SFs	100 m. Backstroke M-SFs	100 m. Backstroke M	200 m. Freestyle W	50 m. Freestyle W
800 m. Freestyle W	100 m. Butterfly M	100 m. Breaststroke W-SFs	100 m. Breaststroke M	4x100 m.lnd.Medley M
50 m. Breastroke W	50 m. Butterfly W	50 m. Freestyle M	100 m. Butterfly W-SFs	4x100 m.lnd.Medley W
50 m.Breaststroke M	1500 m. Freestyle M	1500 m. Freestyle W	800 m. Freestyle M	
4x100 m.Freestyle M	4x200 m. Freestyle W	4x200 m. Freestyle M	50 m. Backstroke W	
			50 m. Backstroke M	
			4x100 m. Freestyle W	

6. COMPETITION FORMAT

- 6.1. All competitions shall be carried out under the system of heats, semi-finals and finals for the events 100 m. and shorter; heats and finals for the events 200 m. and longer with the exception of 800m and 1500m Freestyle which will compete in a timed final format with the slow heats taking place in the morning session and the fastest 8 swimmers competing in the finals session.
- 6.2 Swimmers shall be placed in individual and team competitions according to their respective results recorded in entry forms. In case of equal scores, lots shall be drawn. If a swimmer has no result, he/she shall be placed at the bottom of list.
- 6.3 All start lists are seeded according to FINA rules, based on the swimmers in the final entry list. The fastest 24 swimmers in each event will be distributed in the last three heats according to FINA rules, except in the 400m events where the fastest 16 swimmers in each event will be

distributed in the last two heats, with the remaining swimmers then placed in successive heats according to their qualification times.

7. APPAREL

7.1 Participants should wear sports apparel in compliance with the FINA Rules.

8. MEDALS, DIPLOMAS, AND VICTORY CEREMONIES

- 8.1 Victory ceremonies shall be held directly at the end of each competition. Winning athletes shall wear the sport uniform or the official uniform of their National Olympic Committees (NOC).
- 8.2 Winners in aquatic swimming competitions shall be awarded the following prizes and diplomas:

a) Individual Events

The first place: A gold medal and a diploma. The second place: A silver medal and a diploma. The third place: A bronze medal and a diploma.

b) Relay Events

First place: A gold medal and a diploma for each team member.

Second place: A silver medal and a diploma for each team member.

Third place: A bronze medal and a diploma for each team member.

Places from fourth (4th) to eighth (8th) shall be awarded ranking certificates.