



Cycling

Team Leaders' Guide



Welcome!

On behalf of the entire organising committee, it's an honour to introduce this Team Leaders' Guide for the Rio 2016 Olympic Games. I would like to thank everyone at the IOC, the international federations, the NOCs and all stakeholders and partners for their support in the creation of these guides, as well as in helping us in our preparations for the athletes and teams at Games time.

We have been working for years to provide all the athletes with the best possible services and environments, in the Olympic Village as well as the competition and training venues, and to ensure their maximum performance at the first-ever Olympic Games in South America.

Some of the highlights of this guide include:

- Key dates and personnel
- Information on the competition format and rules
- Details on processes relating to competition and training
- Specific venue facilities and services, including transport information and maps
- General information on topics that are vital for all sports, such as medical services, doping control, accreditation and security

We trust that this publication will assist you in your planning for Games time and your stay here in Rio de Janeiro. If you require any additional information that has not been included in this guide, please do not hesitate to contact Rio 2016 competition management at your competition or training venue, or the Sport Information Centre or NOC Services Centre in the Olympic Village.

Rio 2016 is ready to deliver a one-of-a-kind Games, and we are more than proud to welcome you and the rest of the world!

YOURS IN SPORT,

A handwritten signature in black ink that reads "Rodrigo Garcia". The signature is written in a cursive, flowing style.

RODRIGO GARCIA

Director of Sport, Rio 2016 Organising Committee

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COMPETITION: ESSENTIALS

The Cycling competition at the Rio 2016 Olympic Games will be held from Saturday 6 August to Sunday 21 August 2016. The competition will consist of 18 medal events across four disciplines, as follows:

- **BMX (two events), 17 - 19 August.** For details, see page [26](#).
- **Mountain Bike (two events), 20 - 21 August.** For details, see page [36](#).
- **Road (four events), 6 - 7 and 10 August.** For details, see page [46](#).
- **Track (10 events), 11 - 16 August.** For details, see page [73](#).

KEY DATES

A summary of key training, competition and meeting dates for all four disciplines is given below. Detailed timetables for each discipline are included in the sections dedicated to BMX, Mountain Bike, Road Cycling and Track Cycling later in this guide. All schedule changes will be communicated to teams through the Sport Information Desk (SID) at the relevant competition venue and the Sport Information Centre (SIC) in the Olympic Village, and will also be available on Info+.

DATE	DISCIPLINE	DESCRIPTION
18 July	All	Sport entries final deadline (23.59, GMT -3)
24 July	All	Olympic Village official opening
25 July	Track	Start of Velodrome training (daily until 10 August)
30 July	Track	Pontal opens for training (select dates until 15 August)
	Road	Road Race – partial course familiarisation (Training details to be provided in the Road Race Manual)
5 August	Road	Road Race team leaders' meeting
	All	Olympic Games Opening Ceremony
6 August	Road	Men's Road Race
7 August	Road	Women's Road Race
9 August	Road	Time Trial team leaders' meeting
		Time Trial familiarisation
10 August	Road	Men's and women's Time Trials
	Track	Track Cycling team leaders' meeting
11 August	Track	Start of Track Cycling competition (daily until 16 August)
15 August	BMX	BMX team leaders' briefing

15 August	BMX	Familiarisation
		Start of BMX track training (daily until 16 August)
16 August	Mountain Bike	Equipment drop-off at Mountain Bike Centre
	BMX	BMX team leaders' meeting
17 August	Track	End of Track Cycling competition
	Mountain Bike	Start of Mountain Bike Centre training (daily until 19 August)
19 August	BMX	Start of BMX competition
	Mountain Bike	End of BMX competition
20 August	Mountain Bike	Mountain Bike team managers' meeting
21 August	Mountain Bike	Women's Cross-Country Mountain Bike competition
21 August	Mountain Bike	Men's Cross-Country Mountain Bike competition
	All	Olympic Games Closing Ceremony
24 August	All	Olympic Village closes

Rio 2016 competition management

CYCLING MANAGER	Sandra Kawasaki
BMX MANAGER	Jorge Vazquez
MOUNTAIN BIKE MANAGER	Paul Davis
ROAD CYCLING MANAGER	Isabel Fernandes
TRACK CYCLING MANAGER	Beatriz Rezende

Union Cycliste Internationale (UCI)

UCI AND JURY		
BMX Technical Delegate	Kevin MacCuish	CAN
Mountain Bike Technical Delegate	Simon Burney	GBR
Road Cycling Technical Delegates	Matthew Knight	CAN
	Steve Peterson	AUS

Track Cycling Technical Delegate	Gilles Peruzzi	SUI
Jury	Mark Patrick Barfield	GBR
	Peter Ghislain Maurice Poelman	BEL
	Richard Allen Bahr	USA
	Anton Christiaan Eduard Zasada	NED
	Frédéric Guy Marc Magné	FRA

Competition rules

The Cycling competitions will be held in accordance with the editions of the following documents that are in force at the time of the Games:

UCI CYCLING REGULATIONS

(available at www.uci.ch)

IOC OLYMPIC CHARTER

(available at www.olympic.org/olympic-charter/documents-reports-studies-publications)

In accordance with the Rule 46 (Role of the IFs in relation to the Olympic Games) and the Bye-law to Rule 46 of the IOC Olympic Charter, the UCI will be responsible for the control and direction of Cycling at the Rio 2016 Olympic Games.

Clothing and equipment

Clothing and equipment used by athletes and other participants in the Cycling competition at the Olympic Games must comply with the documents listed below.

UCI CYCLING REGULATIONS

(available at www.uci.ch)

IOC OLYMPIC CHARTER

(available at www.olympic.org/olympic-charter/documents-reports-studies-publications):

Rule 50 (Advertising, demonstrations, propaganda) and the Bye-law to Rule 50

IOC GUIDELINES REGARDING AUTHORISED IDENTIFICATIONS FOR THE GAMES OF THE XXXI OLYMPIAD, RIO 2016

(distributed by the IOC to all NOCs)

IOC OLYMPIC CHARTER RULE 50 AND GUIDELINES REGARDING AUTHORISED IDENTIFICATIONS

The prohibition of any advertising and publicity in and above Olympic sites (as expressed in the Olympic Charter) is one of the aspects that differentiate the Olympic Games from other international events. This principle is reflected in the Bye-law to Rule 50 of the Olympic Charter. In addition, detailed information on the implementation of Rule 50 to clothing, equipment, accessories and other items is detailed in the IOC's Guidelines Regarding Authorised Identifications for the Games of the XXXI Olympiad, Rio 2016, which has been distributed by the IOC to all NOCs, IFs and sporting goods manufacturers.

Below, please find excerpts (sections 1, 8 and 9) from the Bye-law to Rule 50 of the Olympic Charter and the sport-specific guidelines from the IOC's Guidelines Regarding Authorised Identifications for the Games of the XXXI Olympiad, Rio 2016. However, all NOCs are strongly advised to refer to the complete Guidelines Regarding Authorised Identifications document for detailed information and instruction on all aspects of Rule 50 and its application and enforcement at the Rio 2016 Olympic Games.

IOC Olympic Charter: Bye-law to Rule 50 (excerpts)

1. No form of publicity or propaganda, commercial or otherwise, may appear on persons, on sportswear, accessories or, more generally, on any article of clothing or equipment whatsoever worn or used by all competitors, team officials, other team personnel and all other participants in the Olympic Games, except for the identification – as defined in paragraph 8 below – of the manufacturer of the article or equipment concerned, provided that such identification shall not be marked conspicuously for advertising purposes.

The IOC Executive Board shall adopt guidelines that provide further details on the implementation of this principle.

Any violation of this Bye-law 1 and the guidelines adopted hereunder may result in disqualification of the person or delegation concerned, or withdrawal of the accreditation of the person or delegation concerned, without prejudice to further measures and sanctions which may be pronounced by the IOC Executive Board or Session.

The numbers worn by competitors may not display publicity of any kind and must bear the Olympic emblem of the OCOG.

8. The word “identification” means the normal display of the name, designation, trademark, logo or any other distinctive sign of the manufacturer of the item, appearing not more than once per item.

9. The OCOG, all competitors, team officials, other team personnel and all other participants in the Olympic Games shall comply with the relevant manuals, guides, regulations or guidelines, and all other instructions of the IOC Executive Board, in respect of all matters subject to Rule 50 and this Bye-law.

SPORT-SPECIFIC INFORMATION (FROM GUIDELINES REGARDING AUTHORISED IDENTIFICATIONS)	
Clothing	
T-shirt/ Singlet	One Identification of the Manufacturer per clothing item will be permitted, to a maximum size of 25cm ² .
Pants/¾ pants/Long pants/Short pants Tracksuit/Warm-up suit/Jersey/Bib shorts/Rain cape	One additional Product Technology Identification will be permitted per clothing item, to a maximum size of 10cm ² .

Skinsuit	Where skinsuits are used in competition, one Identification of the Manufacturer and one Product Technology Identification shall be permitted above the waist and below the waist, in accordance with the maximum size noted above; however, these identifications shall not be placed immediately adjacent to each other.
Accessories	
Armband Shoe covers Arm warmers	One Identification of the Manufacturer will be permitted, to a maximum size of 6cm ² .
Gloves	One Identification of the Manufacturer will be permitted, to a maximum size of 8cm ² .
Socks	One Identification of the Manufacturer will be permitted, to a maximum size of 10cm ² .
Eyewear	May carry the Identification of the Manufacturer as generally used on products sold through the retail trade during the period of 6 months or more prior to the Games, with no Identification of the Manufacturer permitted on the lenses.
Bag	One Identification of the Manufacturer per item will be permitted, not greater than 10 per cent of the surface area of the item, to a maximum size of 60cm ² .
Sport Equipment	
BMX, MTB, Road, Track bicycles Wheels Helmet BMX elbow protection BMX leg protection BMX neckbrace	All sport equipment items may carry the Identification of the Manufacturer as generally used on products sold through the retail trade during the period of 6 months or more prior to the Games.
Shoes/Footwear	
Shoes	All footwear items may carry the Identification of the Manufacturer as generally used on products sold through the retail trade during the period of 6 months or more prior to the Games.

IF SPECIFIC TECHNICAL REQUIREMENTS

The following IF technical requirements apply in relation to the General Guidelines (The IOC Guidelines Regarding Authorised Identifications for the Games of the XXXI Olympiad, Rio 2016 is available on the [Rio Exchange — https://rioexchange.rio2016.com](https://rioexchange.rio2016.com)):

Section 8 — Third party identifications (athlete names)

The rider's name may appear but is not mandatory on the back of the jersey according to UCI article 1.3.057.

BMX riders with permanent numbers must print their number on the back of their jerseys according to UCI articles 6.1.056, 6.1.074 and 6.1.075.

Section 10 — NOC emblems and national identity

No IF specific regulations with regard to National Identifications, section 10 of the General Guidelines applies.

Section 12 — Homologation marks

For Road and Track bicycles

The label "UCI Frame/Fork" on approved frames and forks is mandatory for new frames and forks in compliance with the UCI Approval Protocol for Frames and Forks.

Section 17 — Submission process

Each licence holder shall ensure that the equipment he/she uses on the occasion of Road and Track events shall be approved by the UCI according to the specifications of the Approval Protocols in force and available on the UCI website according to UCI article 1.3.001bis.

NOCs shall submit to the commissaires' panel at rider confirmation, a sample of their national team clothing for validation.

Late Athlete Replacement Policy

This policy will apply to athletes of National Olympic Committees attending the Games of the XXXI Olympiad in Rio de Janeiro 2016 (the 'Rio 2016 Games').

The deadline for the final entries list of participating athletes in the Rio 2016 Games (sport entries deadline) is 23.59 Rio de Janeiro time (GMT -3) 18 July 2016.

After the sport entries deadline, the Late Athlete Replacement (LAR) policy comes into force, and will be strictly enforced. Late Athlete Replacement may only occur up to the relevant sport/discipline/event technical meeting, unless otherwise stated in the sport-specific Appendix 1 (available on the [Rio Exchange — https://rioexchange.rio2016.com](https://rioexchange.rio2016.com)).

This policy is only applicable for those sports/disciplines where the quota place has been allocated to the NOC.

For those sports/disciplines in which the quota place is allocated by name to an athlete a specific slot reallocation deadline has been included in the qualification systems per discipline.

From 19 July 2016 00.00 Rio de Janeiro time (GMT -3) the Rio 2016 Organising Committee for the Olympic and Paralympic Games (Rio 2016) may authorise a permanent replacement of an athlete by another athlete in the same sport, discipline and event. Each decision will be made after consultation with the relevant International Federation (IF) and its respective medical expert and, when deemed appropriate, the International Olympic Committee (IOC). Such replacement will only occur where there are urgent medical conditions preventing participation of an athlete, or otherwise on a case-by-case basis for exceptional circumstances.

Late Athlete Replacement is possible only provided that:

- The replacement athlete meets the eligibility conditions and qualification criteria to take part in the Rio 2016 Olympic Games, as stipulated in the Qualification Systems – Games of the XXXI Olympiad – Rio de Janeiro 2016 per sport/disciplines published in 2014, and regularly updated by the IOC;
- The NOC of the replacement athlete had applied successfully for accreditation for the athlete prior to 29 April 2016 (accreditation application deadline). As such, the replacement Athlete has been registered by Rio 2016 in the NOC's Athlete Accreditation Long List; and
- No doping control issues are pending concerning the replacement athlete.

In addition, the following procedure must be followed and the required forms submitted within the timeframe stated in this policy:

- The Late Athlete Replacement form must be completed by the relevant NOC (use of e-LAR the electronic submission of late athlete replacement is suggested), for the athlete being replaced and the replacement athlete; and
- The Sport Entry form must be completed and submitted by the relevant NOC (if applicable), for the replacement athlete; and
- The Conditions of Participation including the Parental/Legal Guardian Acknowledgement of Consent for Minors form (if applicable) must be completed and submitted by the relevant NOC for the replacement athlete. The NOC must submit a scanned copy of the Conditions of Participation electronically and bring the original, signed and stamped to Rio 2016 Accreditation offices; and
- The accreditation card of the replaced athlete must be returned to an Accreditation Centre in order to allow for entitlements to be transferred to the replacement athlete. Following the transfer, the replaced athlete's accreditation will be deactivated unless the replacement was by a P athlete, in which case entitlements may be swapped upon the decision of the NOC.

Applications with missing information will not be processed.

Before the sport-specific deadlines set in Appendix 1, the NOCs have the possibility to activate their P alternate athletes or to use a replacement from the long list.

During the competition, as per the Accreditation at the Olympic Games – Detailed Specifications – April 2015, the NOCs can activate P alternate athletes in the following sports and disciplines: Athletics, Cycling BMX, Cycling Track, Equestrian, Fencing, Handball, Football, Hockey, Rowing and Table Tennis.

In case a P alternate athlete should be in need of a Late Athlete Replacement, NOCs will be allowed to replace the athlete with another P, before the start of competition, by applying the above LAR process.

All documentation and queries regarding this matter should be addressed to Rio 2016 Sports Entries.

NOCs may submit a Late Athlete Replacement form with all relevant documentation by e-mail, in person or through the new e-LAR tool to:

RIO 2016 - SPORT ENTRIES OFFICE AT THE WELCOME CENTRE IN THE OLYMPIC VILLAGE

TEL

+5521-20165287

HOTLINE

+5521-20166656

E-MAIL

olympicsportsentries@rio2016.com

This policy is subject to further change by the IOC for exceptional circumstances.

P ACCREDITATIONS FOR BMX

As per the Accreditation Guide for the Olympic Games in Rio, every NOC qualified for an event in BMX Cycling is entitled to enter one alternate athlete (P accreditation) per event entered in case a member of the team is unable to compete, in as much as the P accreditation quota of the NOC is respected.

The NOC concerned will have to request a P accreditation for the replacement athlete, which will only allow him or her to compete on the sole condition that the Aa-accredited athlete, injured or ill, withdraws from the competition for good. For the replacement to be approved, the NOC must follow the IOC Late Athlete Replacement Policy. Once the replacement has been approved, the Aa-accredited athlete being replaced will get the P accreditation and the replacement athlete will get an Aa accreditation.

The final deadline for the substitution of an athlete by a replacement athlete P is before the last team managers' meeting. P-accredited athletes will have the same training privileges as an Aa accredited athlete.

P ACCREDITATIONS FOR TRACK CYCLING

As per the Accreditation Guide for the Olympic Games in Rio, every NOC qualified for team events in Track Cycling is entitled to enter one replacement athlete (P accreditation) in case a member of the team is unable to compete, in as much as the P accreditation quota of the NOC is respected.

The NOC concerned will have to request a P accreditation for the replacement athlete, which will only allow him or her to compete on the sole condition that the Aa-accredited athlete, injured or ill, withdraws from the competition for good.

The final deadline for the substitution of an athlete by a replacement P athlete is at the time of the confirmation of the composition of the teams, in accordance with the UCI regulations (Articles 3.2.079 and 3.2.149).

Doping control

With the guidance of the IOC, Rio 2016 is responsible for implementing the doping control programme during the Rio 2016 Olympic Games. The Rio 2016 Games will collect approximately 5,000 urine and blood samples.

An intelligent test distribution plan will focus on both out-of-competition and in-competition testing, based on risk assessments developed through collaboration with the IOC, International Federations (IFs), Anti-Doping Organisations (ADOs) and the World Anti-Doping Agency (WADA) to ensure effective and coordinated testing.

Athletes may be tested at any time and in any place under the authority of the IOC during the Games period, defined here as the period starting on the date of the opening of the Olympic Village on 24 July 2016 up until and including the day of the Closing Ceremony on 21 August 2016.

All sample analysis will be performed at the Laboratório Brasileiro de Controle de Dopagem (LBCCD), the WADA-accredited laboratory in Rio de Janeiro, with results normally expected within 72 hours of delivery.

Full details of doping control procedures are available in the Rio 2016 Olympic Games Doping Control Guide, which may be downloaded from The Rio Exchange (<https://rioexchange.rio2016.com>). Printed copies of the guide will be available in all doping control stations during the Games. NOCs should also note that a brief guide to doping control procedures will be distributed to all athletes.

Neutral service

Neutral Service will be available at all competition venues (during training period as well), and also during training at Pontal. The locations will be confirmed by the SIDs at the competition venues and the SIC in the Olympic Village. This service is available free of charge to all NOCs.

Olympic Village facilities for bike storage and location for bike repair and wash

Competition bicycles must not be ridden in the Olympic Village. When inside the Olympic Village, bicycles must be stored in the NOC storage areas on the car-park level of the condominiums. Each space will be lockable. Bicycles cannot be taken inside the residential areas of the apartments. This also applies to corridors and stairwells. By arrangement with Rio 2016, competition bicycles will be tagged for re-entry at the Athlete Transport Mall and Welcome Centre PSAs.

Each condominium will have a space on the ground and/or car-park level with access to a tap, which can be used as washing locations for competition bicycles.

Athlete Personal Equipment Transport – bikes

ARRIVAL

Athletes will be responsible for organising the transport of their bikes until their arrival at the airport in Rio. At the curbside of the airport, Tom Jobim International Airport (GIG) Terminal 1 and Terminal 2, and Santos Dumont Domestic Airport (SDU), Rio 2016 Logistics team will load bikes and equipment stored in bags or boxes onto trucks or buses, along with all other luggage. Upon arrival to the Olympic Village, athletes will collect their equipment and luggage and take these items through the Welcome Centre security process. Rio 2016 Logistics will again be available inside the Village to move luggage and bikes to the condominium, where they will again be under the responsibility of the athlete to store. For Track Cycling, athletes can check in their bikes and equipment for transfer to the Velodrome once on the clean side of the Welcome Centre – more details below.

OLYMPIC VILLAGE TO VENUE (TRAINING AND COMPETITION)

NOCs that intend to transport their own equipment and/or athletes and team officials between the Village and venue may use their own additional team vehicles.

Athletes/team officials that will take a bus from the Village to their venue can carry bikes and equipment stored in bags or boxes, on or under the bus if space is available. There will also be buses with special bike racks (three to five bikes) for those venues close by, such as Pontal.

On days of competition and official training, Rio 2016 Logistics will provide vehicles to transport bikes from the Olympic Village to Fort Copacabana (Road Race), Pontal (Time Trial), and Deodoro (BMX and Mountain Bike). Depending on the venue and the buses used, there could also be scheduled truck movements for training days; more detailed timings will be available through the Rio Exchange, the SIC in the Village, and the SID at the venue.

Booking

Athletes or team officials will be required to book these scheduled trucks at the Logistics Desk in the NOC Services Centre at least 24 hours in advance of the departure.

Check-in

Athletes must deliver their bikes to the designated sports check-in area at the posted times. Here they will be required to sign their equipment over to Rio 2016 and will receive a ticket, of which presentation is mandatory to reclaim their bikes once at the venue. Athletes will hand their bike over to Cycling sport team, who together with Logistics will load the bikes onto the trucks.

Reclaiming bikes on venue

The bikes will then be transported to the venue and unloaded into the bike storage area. Teams may collect their bikes from Cycling sport team at this location with their ticket.

Track Cycling

Rio 2016 Logistics will offer shuttles to the Velodrome on official training and competition days for those athletes wishing to take their road bikes to the venue for training. However, it is also assumed that Track Cycling teams will need to have their track bikes, rollers and other equipment transported to venue upon arrival at the Olympic Village.

On the clean side of the Welcome Centre, athletes will see a Sport Equipment Check-in desk where they can check in their track bikes and equipment. Rio 2016 Logistics will be available to receive the bikes from the athletes 24 hours per day from 24 July to 5 August inclusive.

Athletes will be required to sign over their bikes and will be given a receipt to reclaim them at the Velodrome. All equipment should be clearly marked with the country name and NOC code. Rio 2016 Logistics will deliver bikes and equipment as soon as possible in order to allow the athletes to train as early as possible.

All equipment will be delivered to the designated drop-off point near the team containers, and a representative of the NOC should be present to receive these items on venue. Large teams should make contact with Rio 2016 Logistics through NOC Services to ensure all arrival details are communicated to Logistics.

After competition return

Athletes wanting to transport their bikes from the venues back the Olympic Village must check their bike back into the Cycling sport team at the required time after competition. Rio 2016 Logistics will use the same ticket system as before to enable the athletes to reclaim their bikes in the Village. Bikes will be brought to the Village by Logistics vehicles and delivered to the place from which the bikes were originally checked in. If the Logistics vehicle does not follow the bus, athletes will be required to collect their bikes from this area at the designated time.

Track Cycling return

For large teams needing assistance moving large amounts of equipment back to the Olympic Village, they can book logistics support at the Logistics desk in the NOC Service Centre. All bikes and equipment should be clearly labelled with the NOC three-letter code, and a representative of the NOC should be present to receive the delivery at the Olympic Village.

For any questions or issues pertaining to the transfer of equipment, please contact the Logistics team directly at logtransfer@rio2016.com.

Athletes and team officials transport

Rio 2016 will provide transport for athletes and team officials accredited with access to the TA service during training and competition periods.

A complete timetable of bus services available for the competition and training sessions of each Cycling discipline will be available on Info+.

Sport information

SPORT INFORMATION CENTRE (SIC)

The Sport Information Centre (SIC) in the Olympic Village will contain a desk serving each sport/discipline and provide sport information to NOCs throughout the Games. The SIC is located in the Residential Zone next to the Entertainment Centre and is open to Chefs de Mission, Deputy Chefs de Mission, team leaders and team officials (Ac and Ao). NOCs should note that it is not open to athletes. The services provided at the SIC are:

- Dissemination of general sport information through sport publications (also available on the [Rio Exchange — https://rioexchange.rio2016.com](https://rioexchange.rio2016.com)) and discussions with sport-specific staff
- Access to official results, draw/start lists and other key competition information, including schedule updates where required
- Provision of training schedule information and, where available, assistance with booking and changing training sessions
- Assistance with the communication of key information from International Federations and Rio 2016 to NOCs
- Information on transport services, bookings for team sport buses and transfers for oversized sport equipment
- Ordering of Athlete Training Meals (48 hours in advance)
- Receipt of Training Venue Pass (TVP) requests
- Other sport-specific services

Information will also be accessible to NOCs via eight Info+ terminals that will be located in the SIC. In addition, each NOC will have access to myInfo+ accounts that can be accessed via a login and password on any computer. Further details on myInfo+ can be found on page [21](#).

The SIC will open on 18 July and will be open every day throughout the Games. The hours are as follows:

SIC DATES	HOURS OF OPERATION
18 - 23 July 2016	8.00 - 20.00
24 July - 20 August 2016	7.00 - 22.00*
21 August 2016	7.00 - 20.00
22 August 2016	8.00 - 12.00

*The SIC will close at 18.00 on 5 August due to the Opening Ceremony.

Upon arrival in the Village, team leaders are strongly encouraged to visit their relevant SIDs in the SIC to introduce themselves and register their contact information to facilitate any necessary communication.

SPORT INFORMATION DESKS (SIDS)

For information on the opening hours of the SIDs at the Cycling competition venues, please refer to the relevant discipline-specific sections of this document.

INFO+

Info+ is the official Games information system. It offers a range of content as outlined in the table below and includes near real-time results. Info+ will go live on 25 July 2016 and will be available in English only.

CONTENT AVAILABLE ON INFO+	
Background	Historical data, statistics, competition formats, rules, criteria and venue descriptions
Biographies	Athlete biographies, profiles of teams, coaches, referees, judges and NOCs
Ceremonies	Details about ceremonies (medal, opening and closing), including timings and participants
Games news	Flash quotes, press-conference highlights, sport previews, news articles, statistical reports, media communications and IOC news
Medals	Medal rankings by sport, overall rankings, medallists by day and sport/event
Records	World and Olympic records, including current records, record holders and new or equalled records
Results	Competition results viewable by sport, date and country. Includes entry lists, start lists and additional sport-specific reports
Schedules	Competition and non-competition schedules, including press conferences and, IOC and Cultural Olympiad activities
Transport	Transport schedules and maps
Weather	Real-time weather conditions and forecasts

Info+ workstations will be provided in the following locations:

- **Olympic Village (NOC Services Centre, press workroom, resident centres, Sport Information Centre, Village Protocol Office and Welcome Centre)**
- **Competition venues in team and athlete areas, including Athletes' Lounges**

myInfo+ is a web-based service that will allow users to access Info+ from their own PC, laptop or tablet — wherever there is access to the internet — whether in an Olympic or non-Olympic venue.

myInfo+ allows access to the same information available at dedicated Info+ workstations, including schedules, near real-time results, medals, records, biographies, news, historical results and transport information. Additional features include user customisation (for example, by sport), message alerts, bookmarking, hyperlinking to other key websites, downloadable results books, and the ability to copy and paste information from results and news reports.

Sport Viewing Room (SVR)

The Sport Viewing Room (SVR) will be located in the Residential Zone of the Olympic Village in close proximity to the Welcome Centre. It will provide teams and athletes access to Olympic Broadcast Service (OBS) feeds of their competitions in order to assist with their training, analysis and preparations. The hours of operation hours are:

DATES	HOURS OF OPERATION
5 August 2016	7.00 - 12.00
6 - 20 August 2016	7.00 - 22.00
21 August 2016	7.00 - 12.00

The SVR will be comprised of 12 athlete viewing stations, each with two seats, and eight team viewing rooms, one with 35 seats and the others with 20 seats each.

To guarantee availability, rooms at the SVR should be reserved on-site in advance. This must be done only by Chefs de Mission, Deputy Chefs de Mission, team leaders or team officials (Ac and Ao).

Teams, athletes and/or coaches are asked to arrive ten minutes before their scheduled time and respect other users by only staying in the room for the period of time that they have reserved. Rio 2016 staff will hold a reserved viewing room or viewing station for up to 15 minutes; if after that time no one has arrived, it will be made available for others to use.

Teams/athletes may only request to watch recordings of sessions in which they and/or their confirmed future opponents have participated. The feeds will be provided as full sessions only; there will be no possibility to edit footage within a particular session, and teams/athletes will not be able to take footage out of the SVR for remote analysis.

Post-competition procedures

MIXED ZONE

A mixed zone has been planned in every venue and will operate for all competitions for athletes to pass through and give interviews to the media as they leave the field of play. Press Operations, in conjunction with competition management, runs the press side of the mixed zone. All athletes (and for team sports only, the coaches) are invited to pass through the mixed zone, but they are not obliged to speak to the media if they do not wish to do so.

There is no time limit for athlete interviews; however, the mixed zone team will ensure that all operations are driven in a smooth and timely manner.

Press Operations staff will work closely with NOC press attachés to ensure smooth management of the mixed zone. One press attaché per NOC, wearing the required armband, is permitted to enter the athletes' side of the mixed zone only once the athletes are walking through the press area of this zone. The armbands will be distributed during the NOC Press Attaché Briefing, scheduled for 1 August 2016 at the Main Press Centre (MPC). Those who cannot attend the meeting can collect the armbands from the IOC Media Operations Office at the MPC.

At certain venues, the interviews conducted by the Olympic News Channel in the first section of the mixed zone will be broadcast live on the television monitors on the press side of the mixed zone, so that the press can capture the athletes' first comments even before they reach the press section of the mixed zone.

Professional Olympic News Service reporters will gather athletes' comments, which will be published on Info⁺.

PRESS CONFERENCES

In most venues, the press conference room has been combined with the press work room space within the Venue Media Centre, providing a multi-purpose space from which accredited media can work.

Post-competition press conferences will be held with medallists shortly after the end of every medal event.

NOCs may hold press conferences in the Press Conference Centre, located next to the MPC, from 24 July to 21 August 2016. The NOC must book these press conferences no later than the day before they are scheduled to occur through the on-site Press Conference Booking Office.

Professional interpretation services will be provided at all press conferences. For Cycling, consecutive interpretation will be available.

The updated schedule for press conferences will be available on Info⁺ and myInfo⁺ (page [21](#)).

RESULTS DISTRIBUTION

Different from past Games, there will not be regular distribution of printed results to the NOCs. For certain reports, a limited number of copies will be distributed to team leaders at the SID. Results for all sports will also be available through Info⁺/myInfo⁺ and the Rio 2016 official website; page [21](#).

No later than 24 hours after all competition for a discipline has ended, a results book containing all results and competition-related reports for that discipline will be made available for download in PDF format on the Rio 2016 official website. The website will be available until 31 December 2016.

VICTORY CEREMONIES

Victory ceremonies will be conducted in English, French and Portuguese, and occur at all competition venues, as per the date and time indicated in the sport competition schedule.

There will be a five-minute briefing for medallists before the victory ceremony, during which athletes will be shown the route along which they will be led and reminded of their responsibility to adhere to Rule 50. Only the athletes may be present at this briefing, unless otherwise indicated. There will also be a briefing for coaches and team officials during sport meetings the day before the finals.

During the medal presentation, accreditation must either be temporarily surrendered to the victory ceremony coordinator or hidden out of sight. No participant in the victory ceremony should have flags, mascots, a mobile phone, a camera, headphones, sport equipment or other items on them during the ceremony; this is a breach of Rule 50. Athletes must be wearing their NOC tracksuits. Please also note that no one other than athletes and those who are part of the Sport Presentation Victory Ceremonies team may be part of the victory ceremony.

Upon completion of the photo opportunity after the victory ceremony, each athlete will be required to pass through the mixed zone, unless indicated by the athlete escorts and the Rio 2016 sport manager.

During the victory ceremony, the Doping Control team is required to keep athletes in its line of sight at all times; therefore, it is imperative that athletes do not deviate from the prescribed routes outlined in the briefing.

Medals and diplomas

Medals and diplomas will be awarded in each event of the competition in accordance with Rule 56 (Victory, medal and diploma ceremonies) of the Olympic Charter, as follows:

- 1st place: A gold medal, a diploma and an Olympic medallist's pin
- 2nd place: A silver medal, a diploma and an Olympic medallist's pin
- 3rd place: A bronze medal, a diploma and an Olympic medallist's pin
- 4th-8th places: A diploma

Please note that first, second and third places will also receive a gift.

Key venue services

Refreshment station

All competition venues will have a refreshment station which will contain whole fruit, bottled water, Powerade and other Coca-Cola beverages. At all the Cycling venues, the refreshment station will be located in the Athletes' Lounge. Athletes and team officials may bring food into competition venues. However, please note that only non-perishable items will be allowed, as there is no refrigeration available.

Athlete Venue Meals

A cold-packed meal will be available for collection by team officials and competing athletes in BMX and Mountain Bike, and will not have to be ordered in advance. The meals will consist of a sandwich, a salad, a fruit salad and a sweet item.

For Road Cycling, a non-perishable, cold-packed meal will be available and will not have to be ordered in advance.

For special dietary requirements, a form is available at the SIC and needs to be completed at least 48 hours in advance of the meal service and submitted to the SIC at the Village.

LANGUAGE SERVICES

Rio 2016 Language Services Assistants (LSA) will provide volunteer interpretation services at competition venues. The LSAs may be identified by the pin or pins on their uniform specifying the languages they speak.

At the Olympic Games, LSAs will be covering English, Portuguese, French, German, Chinese (Mandarin), Italian, Russian and Spanish. Subject to volunteer availability, Rio 2016 will also offer interpretation services for Korean, Arabic, Hungarian, Thai, Farsi, Dutch, Ukrainian, Hindi, Swahili, Amharic, Czech, Romanian and Slovakian. Specific languages will vary by venue. For information about the languages offered at your venue(s), or to request language assistance, contact Rio 2016 Cycling competition management, who will coordinate with Rio 2016 language services.

NOC requests for language services should be made by 17.00 the day before the service will be needed. Late requests will be considered on a case-by-case basis.

Unlike in past Games, there will be no 24-hour over-the-phone interpretation service during the Rio 2016 Olympic Games.

MEDICAL SERVICES AND FACILITIES

Medical services at all competition venues will be provided at athlete medical stations, complete with a doctor, nurse and physiotherapist and supported by a number of ambulances, as well as a Field of Play team led by a doctor. Outside of the venues, the Polyclinic in the Olympic Village will provide additional medical services, as will the designated reference hospital.

Medical services in each competition venue will be managed by the Venue Medical Manager and the Medical Operations Manager. Rio 2016 medical services are designed based on the rules of each IF and the Olympic rules for the sport. Medical services will generally be available from two hours before the start of competition until one hour after competition ends. However, times vary in some venues.

Full details on medical services at the Olympic Games are available in the Rio 2016 Olympic Games Healthcare Guide.



BMX

Competition: Essentials

The BMX competition at the Rio 2016 Olympic Games will be held from Wednesday 17 August to Friday 19 August at the Olympic BMX Centre in the Deodoro Olympic Park. A total of 48 athletes may take part in the BMX competition. This figure comprises 31 male and 15 female athletes, plus two places — one man and one woman — allocated to the host country.

Key dates

24 JULY 2016	Olympic Village Official Opening
5 AUGUST 2016 (DAY 0)	Olympic Games Opening Ceremony
15 AUGUST 2016 (DAY 10)	BMX team leaders' briefing
	Start of BMX Track training (daily through 16 August)
	BMX team leaders' meeting and confirmation of riders
17 AUGUST 2016 (DAY 12)	Start of BMX competition
19 AUGUST 2016 (DAY 14)	End of BMX competition
21 AUGUST 2016 (DAY 16)	Olympic Games Closing Ceremony

Rio 2016 competition management

CYCLING MANAGER	Sandra Kawasaki
BMX MANAGER	Jorge Vazquez
BMX SERVICES MANAGER	Karine Rodigheri

Union Cycliste Internationale (UCI)

TECHNICAL DELEGATE	Kevin MacCuish	CAN
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International Technical Officials (ITOs)

EUAN GOODMAN	GBR	IRWAN MAXIMILIAAN MAGER	PHI
LOYAL MA	CAN	NORM MCCANN	NZL
FULVIA TOSI	ITA		

National Technical Officials (NTOs)

FELIPE ALMEIDA	BRA	ANTÔNIO VINK	BRA
MICHAEL DONOVAN	USA	JASON HOWARD	CAN

Medal events

MEN (1)	WOMEN (1)
BMX Racing	BMX Racing

Competition format

The men's and women's events will both start with a seeding run, where each rider runs the track once to determine seeding. The men will contest quarter-finals, held over three runs, with points awarded according to placement. The top four riders in each heat with the lowest points score after three runs will advance to the semi-finals. The semi-finals are held over three runs, with the top four riders from each heat with the lowest score advancing to the final. The final is held over a single run.

The women advance directly from the seeding run to the semi-finals (three runs), and from there to the final (one run).

Competition schedule

Changes to the competition schedule will be communicated to NOCs through the Sport Information Centre (SIC) and the Sport Information Desk (SID) at the Olympic BMX Centre. Changes will also appear on Info⁺.

WEDNESDAY 17 AUGUST 2016 (DAY 12), BMX OLYMPIC BMX CENTRE		
CB01 13.30 - 15.15	13.30 - 13.54	Women's seeding run
	14.34 - 15:22	Men's seeding run
THURSDAY 18 AUGUST 2016 (DAY 13), BMX OLYMPIC BMX CENTRE		
CB02 13.30 - 14.35	13.30 - 13.46	Men's quarter-final 1
	13.51 - 14.07	Men's quarter-final 2
	14.17 - 14.33	Men's quarter-final 3
FRIDAY 19 AUGUST 2016 (DAY 14), BMX OLYMPIC BMX CENTRE		
CB03 13.30 - 15.45	13.30 - 13.38	Women's semi-final 1
	13.38 - 13.46	Men's semi-final 1
	14.00 - 14.08	Women's semi-final 2
	14.08 - 14.16	Men's semi-final 2
	14.30 - 14.38	Women's semi-final 3
	14.38 - 14.46	Men's semi-final 3
	15.00 - 15.05	Women's final
	15.10 - 15.15	Men's final
	15.25 - 15.33	Women's victory ceremony
	15.36 - 15.44	Men's victory ceremony

Competition: General information

Pre-competition procedures

BMX TRACK WALK

DATE

15 August 2016

TIME

9.15 - 9.50

LOCATION

Field of play

Team leaders will only be allowed access to the field of play during this designated session, during which they may walk the track. Athletes may also walk the track, but bikes are not allowed on the track during this session.

BMX TEAM LEADERS' MEETING AND CONFIRMATION OF RIDERS

DATE

15 August 2016

TIME

13.30 - 14.30

LOCATION

Conference room at the Olympic BMX Centre

The team leaders' meeting must be attended by each team leader. The briefing will cover essential information relating to the operation of the venue, training sessions and competition, and will be followed by number-plate distribution, licence checks and kit checks.

TRANSPONDER & BIKE PLATES DISTRIBUTION

DATE

15 August 2016

TIME

9.10 - 9.30

LOCATION

Conference room at the Olympic BMX Centre

WATER BOTTLES

Water bottles with a capacity of 500ml will be provided to BMX athletes in accordance with the table below. Bottles will be distributed to a representative of each NOC. Please note that all water bottles used in training and competition must meet the requirements of Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter, and the IOC's Manufacturer Identification Guidelines for the Rio 2016 Olympic Games.

BMX WATER BOTTLE DISTRIBUTION	
Bottles per rider	Distribution location
6 bottles	SID (Athletes' Lounge) at Olympic BMX Centre

Competition procedures

Athletes will be allowed to warm up on the competition track before each session begins in accordance with the timetable given below.

DAY 1		17 AUGUST 2016				
Class	Phase	# Riders	#Runs	Minutes	Start	Finish
Women	Warm-up	16		00:10:00	13:20:00	13:30:00
Men	Warm-up	32		00:10:00	14:24:00	14:34:00

DAY 2		18 AUGUST 2016				
Class	Phase	# of riders	# of runs	Minutes	Start	Finish
Men	Warm-up			00:20:00	13:05:00	13:25:00

DAY 3		19 AUGUST 2016				
Class	Phase	# of riders	# of runs	Duration (min)	Start	Finish
Women	Warm-up	16		00:20:00	12:45:00	13:05:00
Men	Warm-up	16		00:20:00	13:05:00	13:25:00

ACCREDITED/TEAM SEATING

The athlete seating area is located in the main stand close to the finish line.

VIDEO RECORDING

Non-professional consumer cameras do not require stickers to be brought into venues, and clearance with OBS is not necessary. If a team wishes to do its own technical filming in a competition venue during competition, it may do so from the athlete and spectator seating area using non-professional consumer video cameras (per IOC policy the camera must be non-broadcast, i.e. a camera that is used for domestic use rather than for commercial high-end broadcasting). Teams may also film during the training sessions using non-professional cameras. All such material shall be used solely for internal viewing purposes and not for commercial use.

In addition, there are dedicated positions at the beginning of the first turn for one team member per NOC. The positions are available free of charge on a first-come, first-served basis. Supplementary access devices will be distributed at the team leaders' meeting on 15 August and will be required to access the dedicated positions for the duration of the competition. Blue zone accreditation is required to access the area.

Post-competition procedures

The exit from the finish line leads through the mixed zone to the area with the team tents. For information on mixed-zone procedures, press conferences, results distribution and victory ceremonies, see page [22-24](#).

Competition: Venue information

The Olympic BMX Centre will be located in the Deodoro Olympic Park. The gross capacity during the Olympic Games will be approximately 7,500.

With a combination of high technical jumps, obstacles and tightly banked corners, the track will be 399m long for the men's event and 379m for the women's event.

The competition area and all equipment will be presented in accordance with the UCI Cycling Regulations.

Key information

OLYMPIC BMX CENTRE

Estrada Marechal Alencastro, 1.357 – Vila Militar
Deodoro

Estimated journey time from Olympic Village Transport Mall (when the Olympic Route Network is in use): 35 minutes

Venue access

Athletes will be dropped off at the load zone located at the north side of the venue, next to the Venue Media Centre, and proceed toward the venue facilities.

Venue facilities and services

Athletes' Lounge

Located in the main building next to the team tents, the Athletes' Lounge will offer a refreshment station, tables, chairs, sofas and televisions.

Bike maintenance and repair

Neutral Service will be available to competing athletes for all training and competition sessions at no charge.

Changing rooms and showers

Four changing rooms, two each for men and women, will be available in the main building next to the Athletes' Lounge. They will contain showers and lockers.

Towels

There will be towels available during the competition period at the Olympic BMX Centre. Please be aware that there will not be towels available during the training period.

Doping control station

The doping control station is located next to the warm-up area. For details of doping control at the Rio 2016 Olympic Games, please see page [17](#).

Internet access

Free wireless internet access will be available in the Athletes' Lounge at the Olympic BMX Centre. All properly accredited individuals will be able to access the wireless internet at the venue by accessing the Self Service Internet Portal on their personal device and creating a login and password.

Lost and found

All reports of lost items at the Olympic BMX Centre should be directed to the SID (see below). This is also the location to which all found items should be delivered.

Medical services and facilities

See page [25](#).

Sport Information Desk (SID)

The SID at the Olympic BMX Centre is located in the Athletes' Lounge and will be open from 15 to 19 August, from 9.00 to 16.30.

Team tents, bike and equipment storage

Each NOC will have access to a lockable team tent in the back-of-house area, with access to power, tables and chairs. Please note that some NOCs may be required to share a team tent. A limited number of rollers and turbo trainers will be available on a first-come, first-served basis.

Venue Accreditation Office (VAO)

One VAO will operate at the Deodoro Common Domain during the Games. The VAO is located next to the workforce and spectator entrance. There will also be one VAO operating at the X-Park Common Domain and one VAO operating at the Olympic BMX Centre during the Games. The X-Park Common Domain VAO is located next to the workforce entrance, and the Olympic BMX Centre VAO is located next to the media and Olympic Family Pedestrian Screening Area.

Weather information

Rio de Janeiro as a whole benefits from a mild to warm climate during the winter month of August. Based on statistics from recent years, teams can expect an average daily high of around 21-22°C (70-72°F) in the Deodoro zone. On average, relative humidity ranges from a minimum of around 60 per cent to a maximum of around 80 per cent during this period. The average rainfall is 22 millimetres and the prevailing winds are from the southeast and north-east.

At Games time, forecasters from governmental meteorology institutions will be located in the Sport Operations Centre and will provide regular weather forecasts for all venues that will be staging outdoor sports. Up-to-date forecasts will be available on Info+.

Training

Training for the BMX competition will take place at the competition venue in accordance with the schedule given below. All equipment and clothing used in training must comply with Rule 50 and the Bye-law to Rule 50 of the IOC Olympic Charter.

15 AUGUST					
Class	Phase	# Riders	Minutes	Start	Finish
Women	Practice Session 1	16	01:30:00	10:00:00	11:30:00
Men	Practice Session 1	32	01:30:00	11:30:00	13:00:00

16 AUGUST					
Class	Phase	# Riders	Minutes	Start	Finish
Women	Practice Session 2	16	01:30:00	10:00:00	11:30:00
Men	Practice Session 2	32	01:30:00	11:30:00	13:00:00

17 AUGUST					
Class	Phase	# Riders	Minutes	Start	Finish
Women	Practice Session 3	16	01:00:00	10:00:00	11:00:00
Men	Practice Session 3	32	01:00:00	11:00:00	12:00:00

Please note that training times and dates are subject to change due to ongoing conversations with the IFs and the NOCs. Any updates to the schedule will be communicated to the NOCs via the Rio Exchange and will be available on Info+.

TRAINING VENUE PASSES (TVPS)

Training Venue Passes (TVPs) will facilitate access to training venues (standalone training venues and competition venues when in training mode) for non-accredited athlete support staff. TVPs do not act as an accreditation and do not grant additional entitlements to the holder. The TVP does not act as a visa waiver.

TVPs are applicable to non-accredited personal coaches, training partners, massage therapists, physiotherapists and other essential staff. They cannot be used by reserve athletes.

TVPs will be available at the Rio 2016 Olympic Games, in line with International Olympic Committee (IOC) regulations and on a sport-specific basis, from the start of training until the end of competition for the respective sport. There will be a limit to the number that NOCs can request for each venue on a particular day, which will vary according to the sport's quota.

TVPs will be valid for one day only. Individuals that are required to attend training across multiple days must submit separate requests through the Guest Pass system for each day. They will need to collect a new TVP for each day they attend the relevant venue.

NOCs must submit requests for TVPs directly through the Guest Pass System (GUP) by completing the required upload template (sent with the registration materials in March 2016). This template must include details of all potential TVP users, which should have been saved in the GUP system by the Sport Entries deadline of 18 July 2016.

The application procedure will be the same for stand-alone and competition training venues. Once NOCs have entered the names of all potential TVP users in the GUP and concluded their DRMs, team leaders should go to the appropriate sport desk in the SIC to request the venues and dates for the TVP. At that point, the SIC volunteer will confirm that the NOC has quota available and register the request.

Upon arrival at stand-alone training venues, individuals should report to the workforce entrance, where they will be issued with a TVP for the day upon presentation of valid photo identification. For competition training venues, individuals should report to the Venue Accreditation Office (VAO), where they will follow the same procedure.

For the BMX competition, TVPs will be available for the Olympic BMX Centre. Please see below the BMX quota for TVPs per NOC per day:

Discipline	Venue	DAILY QUOTA PER NOC		Applicable period	Venue access
		No. of athletes	No. of passes per day		
Cycling (BMX)	Olympic BMX Centre	1+	1	15 - 17 August	Limited to training areas. No access to seating - ticket required to attend competition.



MOUNTAIN BIKE

Competition: Essentials

The Mountain Bike competition at the Rio 2016 Olympic Games will be held on Saturday 20 and Sunday 21 August at the Mountain Bike Centre in the Deodoro Olympic Park. A total of 80 athletes may take part in the competition. This figure comprises 50 male and 30 female athletes.

Key dates

24 JULY 2016	Olympic Village official opening
5 AUGUST 2016 (DAY 0)	Olympic Games Opening Ceremony
16 AUGUST 2016 (DAY 11)	Team equipment drop-off at Mountain Bike Centre
17 AUGUST 2016 (DAY 12)	Start of Mountain Bike Centre training (daily until 19 August) Training boards issued and kit checks
19 AUGUST 2016 (DAY 14)	Mountain Bike confirmation of starters Mountain Bike team leaders' meeting
20 AUGUST 2016 (DAY 15)	Women's Cross-country Mountain Bike competition
21 AUGUST 2016 (DAY 16)	Men's Cross-country Mountain Bike competition Olympic Games Closing Ceremony
22 AUGUST 2016	Team equipment pick-up (optional) at Mountain Bike Centre

Rio 2016 competition management

CYCLING MANAGER	Sandra Kawasaki
MOUNTAIN BIKE MANAGER	Paul Davis
CYCLING SERVICES MANAGER	Alessandra Barbosa

Union Cycliste Internationale (UCI)

TECHNICAL DELEGATE	SIMON BURNEY	GBR
UCI Mountain Bike Secretary	Peter Poelman	BEL

International Technical Officials (ITOs)

Thierry Nuninger	FRA	Csilla Tam	HUN
Jeremy Christmas	NZL	Benno Nijland	NED
Michael Drolet	CAN		

National Technical Officials (NTOs)

Alexandre Schneider	Kathya Sirydakís
Felipe Almeida	Antonio Vink

Medal events

MEN (1)	WOMEN (1)
Cross-country	Cross-country

Competition format

The Mountain Bike events for both men and women are mass start events. Riders will be seeded into a starting grid according to their current UCI ranking and will then complete one start loop, plus a specified number of laps of the course. The first rider across the line will be declared the winner. The number of laps for each event will be communicated at the team managers' meeting in order to ensure a winning time of approximately 1h30-1h45. The number of laps may be changed up to two hours before the start of the race, depending on the track and weather conditions.

Competition schedule

Changes to the competition schedule will be communicated to NOCs through the Sport Information Centre (SIC) and the Sport Information Desk (SID) at the Mountain Bike Centre. Changes will also appear on Info⁺.

SATURDAY 20 AUGUST 2016 (DAY 15), MOUNTAIN BIKE CENTRE		
CM01 12.30 – 14.30	12.30 - 14.15	Women's Cross-country
	14.15 - 14.30	Women's victory ceremony
SUNDAY 21 AUGUST 2016 (DAY 16), MOUNTAIN BIKE CENTRE		
CM02 12.30 - 14.30	12.30 - 14.15	Men's Cross-country
	14.15 - 14.30	Men's victory ceremony

Competition: General information

Pre-competition procedures

EQUIPMENT DROP-OFF

DATE

16 August 2016

TIME

9.00 - 14.30

LOCATION

Athletes' area at X-Park

NOCs will be required to drop off their equipment on 16 August. This will be the only day that NOCs will be able to access the athletes' area with vehicles. Access to the venue will be limited to the athletes' area only; NOCs should note that access to the course will not be possible on 16 August. NOCs dropping off equipment from outside of the Olympic Village transport system will need to pass through a separate materials screening facility before they may enter the competition venue. Details will be communicated to NOCs separately.

TRAINING BOARD ISSUE AND KIT CHECKS

DATE

16 and 17 August 2016

TIME

9.00 - 11.00 for both days

LOCATION

Athletes' Lounge at Mountain Bike Centre

Riders' and coaches' training boards will be issued to NOC representatives in accordance with the number of places each NOC has qualified.

CONFIRMATION OF STARTERS, LICENCE AND KIT CHECK

DATE

19 August 2016

TIME

10.00 - 12.00

LOCATION

Athletes' Lounge at Mountain Bike Centre

All NOCs must present licences for all entered riders. Changes to riders may be made up until two hours before the start of the respective men's and women's events. At the meeting, all NOCs must also present an example of the race clothing that will be worn by their riders in order to ensure that it complies with Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter and the IOC Manufacturer Identification Guidelines.

MOUNTAIN BIKE TEAM LEADERS' MEETING

DATE:

19 August 2016

TIME:

16.00

LOCATION:

Athletes' Lounge at Mountain Bike Centre

The Mountain Bike team leaders' meeting will be held in accordance with the UCI regulations in the presence of the commissaire president, the UCI technical delegate, the UCI secretary, the ITOs, the Rio 2016 Cycling manager, the Rio 2016 Mountain Bike manager and doping control officers. All team leaders are required to attend. At the meeting, race numbers and feed-zone passes will be issued, and the final list of riders and the number of laps will be communicated to NOCs.

TRANSPONDER PICK-UP

DATES

20 - 21 August 2016

TIMES

11.00 - 12.00

LOCATION

Transponder tent - athletes' area

Transponders will be fitted in an allocated tent within the athletes' area, overseen by representatives of Omega. Riders must present their bike at the time indicated above.

WATER BOTTLES

Water bottles with a capacity of 500ml will be provided to Mountain Bike athletes in accordance with the table below. Bottles will be distributed to a representative of each NOC. Please note that all water bottles used in training and competition must meet the requirements of Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter, and the IOC's Manufacturer Identification Guidelines for the Rio 2016 Olympic Games.

MOUNTAIN BIKE WATER BOTTLE DISTRIBUTION		
Riders	Bottles per rider	Distribution location
Mountain Bike	6 bottles	Requested from the SID (in the Athletes' Lounge) at Mountain Bike Centre
Men's Mountain Bike	Additional 14 bottles	
Women's Mountain Bike	Additional 12 bottles	

Competition procedures

MINUTES BEFORE COMPETITION	ACTIVITY
30 minutes	Course warm-up area opens: riders may warm up on the shortened start/finish loop.
15 minutes	Riders must proceed to the staging area, located in the pen within the start/finish loop.
3 to 6 minutes	Athlete gridding begins. Riders ride a shortened start/finish loop in grid order to be presented to the line.
2 minutes	All riders must be present on the start line for the start of the race.

VIDEO RECORDING

Non-professional consumer cameras do not require stickers to be brought into venues, and clearance with OBS is not necessary. If a team wishes to do its own technical filming in a competition venue during competition, it may do so from the athlete and spectator seating area using non-professional consumer video cameras (per IOC policy the camera must be non-broadcast, i.e. a camera that is used for domestic use rather than for commercial high-end broadcasting). Teams may also film during the training sessions using non-professional cameras. All such material shall be used solely for internal viewing purposes and not for commercial use.

If an issue is raised during or after the competition, the NOC involved will be able to freely request a copy of the match, which will be issued on a USB pen drive. This service will not apply to other competitors.

Post-competition procedures

Athletes that fail to finish the race must leave the course through the 80 per cent area. All athletes, including those removed from the race under the 80 per cent rule, must pass through the mixed zone, which is located at the end of the finish straight.

For information on mixed zone procedures, press conferences, results distribution and victory ceremonies, see page [22-24](#).

Competition: Venue information

The Mountain Bike competition will be held at the Mountain Bike Centre, located on a site that offers a panoramic views of Rio de Janeiro. The terrain is hilly with open grassland covered by low shrubbery, offering a fantastic landscape for this discipline. The Mountain Bike Centre will have a gross capacity of 15,000 during the Rio 2016 Olympic Games.

The course is 4.97km long with a 570m-long start loop and a total of 171m of climbing per lap. Athletes will pass the designated feed zone (tents provided) twice on each lap. Each NOC will be given a designated space in the feed zone, where neutral support will be available. The competition area and all equipment will be presented in accordance with the UCI Cycling Regulations.

Key information

MOUNTAIN BIKE CENTRE

Estrada Marechal Alencastro, 1.357 – Vila Militar
Deodoro

Estimated journey time from Olympic Village Transport Mall (when the Olympic Route Network is in use): 27 minutes

Venue access

The athlete load zone is next to the team tents.

NOC vehicles with appropriate VAPPs will be granted access to the venue and will park in designated locations. All NOC-provided Cycling vehicles will carry a VAPP that provides access to the Mountain Bike Centre. All vehicles entering the venue will be subjected to security checks.

Venue facilities and services

Athletes' Lounge

Facilities at the Athletes' Lounge will include a refreshment station, wireless internet, chairs, tables, sofas, a television and the Sport Information Desk (SID).

Bike maintenance and repair

Neutral service will be available to competing athletes for all training and competition sessions at no charge.

Bike wash

A bike-wash area, with hoses and power washers, is located in the athletes' area.

Changing rooms and showers

Changing rooms, toilets and showers are available within the athletes' area.

Towels

There will be towels available during the competition period at the Mountain Bike Centre. Please be aware that towels will not be available during the training period.

Doping control station

The doping control station at the Mountain Bike Centre is located next the team tents. For details of doping control at the Rio 2016 Olympic Games, please see page [17](#).

Internet access

Free wireless internet access will be available in the Athletes' Lounge at the Mountain Bike Centre. All properly accredited individuals will be able to access the wireless internet at the venue by accessing the Self Service Internet Portal on their personal device and creating a login and password

Lost and found

All reports of lost items at the Mountain Bike Centre should be directed to the SID (see below). This is also the location to which all found items should be delivered.

Medical services and facilities

See page [25](#).

Sport Information Desk (SID)

The SID at the Mountain Bike Centre is located in the Athletes' Lounge and will be open from 17 to 21 August, from 8.00 to 16.00.

Team tents

Each NOC will be allocated a soft-sided, lockable 5m x 5m team tent in the back-of-house area with access to power, water, tables and chairs. Additional, non-exclusive storage space is available for other items, if required. A limited number of rollers and turbo trainers will be available on a first-come, first-served basis. NOCs will be charged the equivalent price for any equipment that is not returned or is returned in a badly damaged condition.

Venue Accreditation Office (VAO)

One VAO will operate at the Deodoro Common Domain during the Games. The VAO is located next to the workforce and spectator entrance. There will also be one VAO operating at the X-Park Common Domain and one VAO operating at the Mountain Bike Centre during the Games. The X-Park Common Domain VAO is located next to the workforce entrance, and the Mountain Bike Centre VAO is located next to the media and pedestrian screening area.

Weather information

Rio de Janeiro as a whole benefits from a mild to warm climate during the winter month of August. Based on statistics from recent years, teams can expect an average daily high of around 21-22°C (70-72°F) in the Deodoro zone. On average, relative humidity ranges from a minimum of around 60 per cent to a maximum of around 80 per cent during this period. The average rainfall is 22 millimetres and the prevailing winds are from the south-east and north-east.

At Games time, forecasters from governmental meteorology institutions will be located in the Sport Operations Centre and will provide regular weather forecasts for all venues that will be staging outdoor sports. Up-to-date forecasts will be available on Info+.

Training

Training for the Mountain Bike competition will take place at the competition venue from 17 to 19 August. All equipment and clothing used in training must comply with Rule 50 and the Bye-law to Rule 50 of the IOC Olympic Charter.

MOUNTAIN BIKE CENTRE TRAINING

Training on the competition course will take place in accordance with the schedule given below. Athletes must clear the course five minutes before the end of the training session. All training and warm-up sessions are open to all athletes as detailed below, and will be open to the media. Approved kit must be Olympic Charter Rule 50 compliant and worn at all times.

TRAINING SCHEDULE		
17 to 19 August	10.00 - 11.30	Women's training
	11.30 - 13.30	Men's and women's training
	13.30 - 15.00	Men's training

Please note that training times and dates are subject to change due to ongoing conversations with the IFs and the NOCs. Any updates to the schedule will be communicated to the NOCs via the Rio Exchange and will be available on Info+.

Training Venue Passes (TVPs)

Training Venue Passes (TVPs) will facilitate access to training venues (standalone training venues and competition venues when in training mode) for non-accredited athlete support staff. TVPs do not act as an accreditation and do not grant additional entitlements to the holder. The TVP does not act as a visa waiver.

TVPs are applicable to non-accredited personal coaches, training partners, massage therapists, physiotherapists and other essential staff. They cannot be used by reserve athletes.

TVPs will be available at the Rio 2016 Olympic Games, in line with International Olympic Committee (IOC) regulations and on a sport-specific basis, from the start of training until the end of competition for the respective sport. There will be a limit to the number that NOCs can request for each venue on a particular day, which will vary according to the sport's quota.

TVPs will be valid for one day only. Individuals that are required to attend training across multiple days must submit separate requests through the Guest Pass system for each day. They will need to collect a new TVP for each day they attend the relevant venue.

NOCs must submit requests for TVPs directly through the Guest Pass System (GUP) by completing the required upload template (sent with the registration materials in March 2016). This template must include details of all potential TVP users, which should have been saved in the GUP system by the Sport Entries deadline of 18 July 2016.

The application procedure will be the same for stand-alone and competition training venues. Once NOCs have entered the names of all potential TVP users in the GUP and concluded their DRMs, team leaders should go to the appropriate sport desk in the SIC to request the venues and dates for the TVP. At that point, the SIC volunteer will confirm that the NOC has quota available and register the request.

Upon arrival at stand-alone training venues, individuals should report to the workforce entrance, where they will be issued with a TVP for the day upon presentation of valid photo identification. For competition training venues, individuals should report to the Venue Accreditation Office (VAO), where they will follow the same procedure.

For the Mountain Bike competition, TVPs will be available for the Mountain Bike Centre. Please see below the Mountain Bike quota for TVPs per NOC per day:

Discipline	Venue	DAILY QUOTA PER NOC		Applicable period	Venue access
		No. of athletes	No. of passes per day		
Cycling (Mountain Bike)	Mountain Bike Centre	1+	1	17 - 19 August only	Limited to training areas. No access to seating - ticket required to attend competition.



ROAD CYCLING

Competition: Essentials

The Road Cycling competition at the Rio 2016 Olympic Games will be held on Saturday 6 August, Sunday 7 August and Wednesday 10 August on the roads of Rio de Janeiro. A total of 211 athletes may take part in the Road Cycling competition. This figure comprises 142 male and 65 female athletes, plus four places — two men and two women — allocated for the host country.

Key dates

24 JULY 2016	Olympic Village official opening
30 JULY 2016	Training details to be provided in the Road Race Manual
	Road Race partial course familiarisation
5 AUGUST 2016 (DAY 0)	Road Race team leaders' meeting
	Olympic Games Opening Ceremony
6 AUGUST 2016 (DAY 1)	Men's Road Race
7 AUGUST 2016 (DAY 2)	Women's Road Race
9 AUGUST 2016 (DAY 4)	Time Trial team leaders' meeting
	Time Trial course familiarisation
10 AUGUST 2016 (DAY 5)	Men's and women's Time Trials
21 AUGUST 2016 (DAY 16)	Olympic Games Closing Ceremony

Rio 2016 competition management

CYCLING MANAGER	Sandra Kawasaki
ROAD CYCLING MANAGER	Isabel Fernandes
ROAD CYCLING SERVICES MANAGER	Diego Andrade
ROAD CYCLING TECHNICAL OPERATIONS MANAGER	Marina Theophilo

Union Cycliste Internationale (UCI)

TECHNICAL DELEGATES	Matthew Knight	CAN
	Steven Peterson	AUS

International Technical Officials (ITOs)

GUY DOBBELAERE	BEL	ALAIN KOSZICZARZ	FRA
WAYNE POMARIO	CAN	GIANLUCA CROCETTI	ITA
PAULA MARTINS	POR	NOBUHIRO MATSUKURA	JPN
INGO REES	GER	GREG GRIFFITHS	AUS

National Technical Officials (NTOs)

Iverson Ladewig	Antônio Carlos Vink
Elaine Sirydakis	Ivyh Mayumi
Luiz Fernando Vasconcellos	Kathya Sirydakis

Medal events

MEN (2)	WOMEN (2)
Road Race (mass start)	Road Race (mass start)
Individual Time Trial	Individual Time Trial

Competition format

The Road Race is a mass-start event, and the first rider in each event to cross the finish line will be declared the winner. For the Individual Time Trial, riders will start at fixed intervals, and the fastest rider over the course in each event will be declared the winner.

Competition schedule

Any changes to the schedule will be communicated through the SIC at the Olympic Village and the SID at each venue. Changes will also appear on Info*.

SATURDAY 6 AUGUST 2016 (DAY 1), FORT COPACABANA		
CR01 9.30 - 16.15	9:30 - 15:57	Men's Road Race
	16:04 - 16:11	Men's Road Race victory ceremony
SUNDAY 7 AUGUST 2016 (DAY 2), FORT COPACABANA		
CR02 12.15 - 16.35	12:15 - 16:21	Women's Road Race
	16:28 - 16:35	Women's Road Race victory ceremony
WEDNESDAY 10 AUGUST 2016 (DAY 5), PONTAL		
CR03 8.30 - 13.20	8:30 - 9:46	Women's Individual Time Trial
	10:00 - 13:00	Men's Individual Time Trial
	13:07 - 13:12	Women's Individual Time Trial victory ceremony
	13:13 - 13:18	Men's Individual Time Trial victory ceremony

Technical Information

COURSE FAMILIARISATION

ROAD RACE

31 July

Partial course familiarisation, Vista Chinesa circuit (two laps) escorted

TIME TRIAL

9 August

Full course familiarisation

More details will be available in the Road Race Manual.

TEAM LEADERS' MEETINGS

The team leaders' meetings will be held in accordance with the UCI regulations in the presence of the commissaire president, the UCI technical delegate, the ITOs, the Rio 2016 Cycling manager, the Rio 2016 Road Cycling manager and anti-doping officers. All team leaders are required to attend the meeting, which will provide critical information on subjects such as venue access, accreditation, protocols and feed zone operations.

Please see the pre-competition procedures on page [61](#) for Road Race and page [68](#) for Time Trial.

CONFIRMATION OF STARTERS

A representative from each NOC must attend in order to confirm their starters. All NOCs must present licences for all entered riders, and must also present an example of the race clothing that will be worn by their riders in order to ensure that it complies with Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter and the IOC Manufacturer Identification Guidelines.

Please see the pre-competition procedures on page [61](#) for Road Race and page [68](#) for Time Trial.

DISTRIBUTION OF RIDERS' NUMBERS AND TRANSPONDERS

A representative from each NOC must attend in order to collect their riders' numbers and transponders.

Please see the pre-competition procedures on page [61](#) for Road Race and page [68](#) for Time Trial.

Feed zones

ROAD RACE

Grumari and Vista Chinesa Circuits

The feed zones for the Road Race are located in:

- Feed zone 1: Grumari Circuit, beginning of Grota Funda climb
- Feed zone 2: the entrance of Vista Chinesa circuit

Team tents will be available at the Grumari Circuit feed zone to be shared by the teams. Team tents will not be available at Vista Chinesa.

Feed-zone accreditations for personnel (bracelets) and vehicles (FZ stickers) will be distributed with race numbers, and access will be limited to one vehicle per team in each feed-zone parking.

An organised convoy will leave the start area 45 minutes before the start of the race and head to the Grumari Circuit feed zone. It will be limited to one vehicle per NOC (only those carrying the correct accreditation pass), in accordance with the vehicle access restrictions.

Teams may access the feed zones directly without travelling in the race convoy, provided that they do so via the defined access point. However, this access is strictly limited to one car per team, and all cars must have the correct accreditation pass.

NOCs should be aware that, even with an escort, there are no guarantees for them to be able to feed their riders on the final circuit of Grumari and then arrive at feed zone 2 at Vista Chinesa with the same personnel in time for the riders' arrival onto this circuit.

The following routes will be detailed in the Race Manual:

- Start area » feed zone 1
- Start area » feed zone 2
- Feed zone 1 » feed zone 2
- Feed zone 1 » finish area
- Feed zone 2 » finish area

All the details will be provided in the Road Race Manual.

TIME TRIAL

Grumari circuit (Grotta Funda)

The feed zone for the Time Trial is located at the Grumari Circuit (beginning of Grotta Funda climb), the same location as for Road Races.

Team tents will be available at the Grumari Circuit feed zone to be shared by the teams.

Feed-zone accreditations for personnel (bracelets) and vehicles (FZ stickers) will be distributed with race numbers, and access will be limited to one vehicle per team in the feed zone parking.

The routes that can be used to arrive from the start to the feed zone and from it to the finish line will be indicated in the Road Race Manual.

All the details will be provided in the Road Race Manual.

Mechanical assistance area

A mechanical assistance area will be available in the last meters of the cobblestones area for the Road Races. Neutral service will also be provided in this area.

NOCs are allowed to assist their riders from a standing position inside this area. The access is strictly limited to one person per NOC (with bracelet) and to one car per NOC in the mechanical assistance area parking (MA sticker). Only mechanical assistance is allowed in this area.

Rio 2016 will not provide any transport to this area; therefore, NOCs should plan accordingly and use their VAPP (FDZ P6) vehicles.

Training Venue Passes (TVPs)

Training Venue Passes (TVPs) will facilitate access to training venues (standalone training venues and competition venues when in training mode) for non-accredited athlete support staff. TVPs do not act as an accreditation and do not grant additional entitlements to the holder. The TVP does not act as a visa waiver.

TVPs are applicable to non-accredited personal coaches, training partners, massage therapists, physiotherapists and other essential staff. They cannot be used by reserve athletes.

TVPs will be available at the Rio 2016 Olympic Games, in line with International Olympic Committee (IOC) regulations and on a sport-specific basis, from the start of training until the end of competition for the respective sport. There will be a limit to the number that NOCs can request for each venue on a particular day, which will vary according to the sport's quota.

TVPs will be valid for one day only. Individuals that are required to attend training across multiple days must submit separate requests through the Guest Pass system for each day. They will need to collect a new TVP for each day they attend the relevant venue.

NOCs must submit requests for TVPs directly through the Guest Pass System (GUP) by completing the required upload template (sent with the registration materials in March 2016). This template must include details of all potential TVP users, which should have been saved in the GUP system by the Sport Entries deadline of 18 July 2016.

The application procedure will be the same for stand-alone and competition training venues. Once NOCs have entered the names of all potential TVP users in the GUP and concluded their DRMs, team leaders should go to the appropriate sport desk in the SIC to request the venues and dates for the TVP. At that point, the SIC volunteer will confirm that the NOC has quota available and register the request.

Upon arrival at stand-alone training venues, individuals should report to the workforce entrance, where they will be issued with a TVP for the day upon presentation of valid photo identification. For competition training venues, individuals should report to the Venue Accreditation Office (VAO), where they will follow the same procedure.

For the Road Cycling competition, TVPs will be available for Pontal. Please see below the Road Cycling quota for TVPs per NOC per day:

Discipline	Venue	DAILY QUOTA PER NOC		Applicable period	Venue access
		No. of athletes	No. of passes per day		
Cycling (Road)	Pontal	1+	1	30 July - 4 August 8 - 9 August	Limited to training areas.

Competition Training Venue Passes

Road Cycling Competition Training Venue Passes (CTVPs) will enable unaccredited cycling team support staff to gain access to Fort Copacabana or Pontal and the feed zones in order to assist athletes in both the men's and women's Road Races.

A CTVP is a one-time application that will be fixed for an individual for a specific period. NOCs must submit requests for CTVPs directly through the Guest Pass System (GUP) by completing the required upload template (sent with the registration materials in May 2016). This template must include details of all potential CTVP users, which should have been saved in the GUP system by the Sport Entries deadline of 18 July 2016. All CTVP requests must be confirmed and submitted by 18 July 2016.

For Road Race, NOCs are required to submit the details of up to three individuals who will be a part of the Road Race Cycling team's support staff and who will have a defined role that requires them to gain access to Fort Copacabana and the feed zones.

For Time Trial, NOCs are required to submit the details of up to one individual who will be a part of the Road Cycling Time Trial support staff and who will have a defined role that requires them to gain access to Pontal and the feed zone.

For the Road Cycling competition, CTVPs will be available for Fort Copacabana and Pontal. Please see below the Road Cycling quota for CTVPs per NOC per day:

Discipline	Venue	DAILY QUOTA PER NOC		Applicable period	Venue access
		No. of athletes	No. of passes per day		
Road Cycling (Road Race)	Fort Copacabana	1+	3	6 - 7 August	Access limited to the team's area on venue and feed zones on the field of play
Road Cycling (Time Trial)	Pontal	1+	1	10 August	

COLLECTION PROCEDURE FOR ROAD CYCLING

Upon arrival at the competition venue, the individual, together with the team leader, should report to the Venue Accreditation Office (VAO) where they will be issued with a CTVP for the day, upon presentation of the same valid photo ID used in the application process. This pass will be valid only for the duration of the competition that the individual was registered for (6 and 7 August 2016 for the Road Race competition or 10 August 2016 for the Time Trial competition) and will expire four hours after the end of their team's participation.

Team cars

All NOCs will receive a Cycling car with a roof rack. The model of the car is Nissan Livina. The roof rack has capacity for seven bikes (four complete and three with the front wheel) and 12 wheels. The cars will be distributed in a specific parking area located in the Olympic Village from 24 July and need to be returned to the same location the day after the last competition day of Cycling disciplines for each NOC at 20.00. Car assistance will be available. More details will be provided in the Race Manual.

The Cycling cars provided by Rio 2016 will be identified with a VAPP (light blue P3 CYC), giving access to the Olympic Village, the Olympic lane and the Road Cycling venues (competition and training).

For the Road Cycling competition days, NOCs can use a maximum of two extra cars, the dimension of which should not exceed a 15-passenger van. The VAPPs for those extra cars (FDZ P6) will be distributed on the days of the team leaders' meetings and give access to the Road Cycling venues and the feed-zones parking, and they are valid only on the Road Cycling competition days. These cars are allowed to use the Olympic lane on the competition days, but NOCs will need to inform the vehicle plate before 27 July at the SIC or by email to the Road Cycling vehicles coordinator. In order to receive the extra cars' VAPPs, the NOCs will have to present the passport and driving licence of the cars' drivers, who should have a valid accreditation or a CTVP.

For the Time Trial races, NOCs with two riders competing in the same race will receive a second following car. Those cars will be available at the venue teams' parking and need to be returned immediately after the end of each race to the same location.

All cars used by the NOCs should comply with Rule 50.

Bike transport and athletes/team officials transport

BIKES TRANSPORT

Training days

NOCs are responsible to transport their own bikes and materials in their own vehicles.

Competition days

Rio 2016 will provide trucks for bike transport and buses for the mechanics to follow the trucks in a convoy that will arrive at the venue two hours and 30 minutes before the start of the races, both for Road Races and Time Trial. After the races finish, a similar convoy will be organised on the way back to the Olympic Village.

The estimated journey time is 45 minutes for the Fort Copacabana venue and 15 minutes for Pontal. Please see the competition procedures section on page [61](#) for Road Race and page [68](#) for Time Trial.

The detailed and updated departure schedule will be available at the SIC and at the SIDs.

ATHLETES/TEAM OFFICIALS TRANSPORT

Athlete/team official transport by bus (buses have 40 seats) will be provided from the Olympic Village to the training and competition venues. Accredited access through the OIAC card is required to use the TA bus service.

All athletes and team officials will need to pass through the PSA, except the cars' drivers, who will pass through the VSA. Rio 2016 strongly recommends that all athletes and team officials (except the drivers) use the buses to access the venue.

Training days

A shuttle system will be available between the Olympic Village and the training venue, and the buses will leave at intervals of 30 minutes.

The first shuttle from the Olympic Village to the training venue leaves 30 minutes before training start time and the last shuttle from the training venue to the Olympic Village leaves 30 minutes after the training finish time. The estimated journey time is 15 minutes. Please see the pre-competition procedures on page [61](#) for Road Race and page [68](#) for Time Trial.

The detailed and updated shuttle schedule will be available at the SIC.

Road Races

All athletes and team officials will leave from the Olympic Village to the venue at the same time by bus. A convoy will be organised, including also the NOC cars with the valid VAPPs for Fort Copacabana.

This convoy will arrive to the load zone one hour and 45 minutes before the start of each race.

The estimated journey time is 45 minutes; this time does not include any security screening times or queuing time at the VSA (please allow up to 15 minutes for this on arrival at the venue). After the race finishes, a similar convoy will be organised on the way back to the Olympic Village. Please see the competition procedures on page [61](#).

The detailed and updated departures' schedule will be available at the SIC.

Time Trials

A shuttle system will be available between the Olympic Village and the training venue, and the buses will leave with intervals of 30 minutes.

The first shuttle from the Olympic Village to the venue will arrive one hour and 45 minutes before the first start time. The estimated journey time is 15 minutes. Please see the competition procedures on page [68](#).

The detailed and updated shuttle schedule will be available at the SIC.

Parking and access

Road Races

Parking for NOC Cycling vehicles following the race convoy is located within the competition venue (zone 4), and the access will be done through the PPO. Teams will be asked to share vehicles during the race in accordance with directions given in the Race Manual and/or by the UCI in the team leaders' meeting.

Cars following the race will be identified with yellow stickers, and cars not following the race with blue stickers. Those stickers will be distributed on the days of the team leaders' meetings.

Each NOC will be authorised to have its Cycling car provided by Rio 2016 inside the venue in zone 4; these cars cannot leave the venue before the start of the race. Access stickers for the cars not following the race will be distributed on the days of the team leaders' meetings.

NOC cars that will be used in feed zone 1 will park in zone 5 (buildings side of Avenida Atlântica). These vehicles should assemble no later than one hour before the start and should depart 45 minutes before the scheduled start of the race. The convoy will then travel directly to the Grumari feed zone along the Road Race route.

NOC cars with no access to the venue will be allowed temporary access to a load zone, which will allow NOCs to unload equipment and transfer it to their athletes' area. Access to this area for these vehicles will be strictly restricted to a set timetable. After all equipment has been unloaded, the vehicles must then be moved out of the venue and parked in a nearby parking area.

Time Trials

Parking for NOC race vehicles is available within the competition venue next to the team tents (zone 4). This parking area is restricted to NOC race vehicles only.

It is crucial that NOC race vehicles are parked inside the venue before 8.30 on the day of competition. This deadline is relevant to all teams, including those who only have athletes competing in the men's Time Trial only. Please note that race vehicles will not be allowed to leave the venue before the arrival of the last rider (men's race).

NOC cars that will be used in feed zone will park in zone 5 (building side of Avenida Lúcio Costa). Those vehicles can access to the feeding area parking anytime using the route that will be indicated in the Race Manual. The access is limited to one car per NOC with the FZ sticker.

NOC cars with no access to the venue will be allowed temporary access to a load zone, which will allow NOCs to unload equipment and transfer it to their tent area. Access to this area for these vehicles will be strictly restricted to a set timetable. After all equipment has been unloaded, the vehicles must then be moved out of the venue and parked in a nearby parking area (zone 8 – Estrada Benvindo de Novaes).

Neutral service

Neutral service will be available to competing athletes throughout the races and at the venues. It is offered in accordance with UCI technical regulations and managed by the commissaires' panel.

Rollers and turbo trainers

Road Races

Rio 2016 will provide a warm-up area (near the Athletes' Lounge) with turbo trainers. Turbo trainers or rollers will not be distributed — athletes can use them inside this area.

Time Trials

Rio 2016 will provide one turbo trainer per athlete. The turbo trainers may be collected from the sport equipment storage, from where they will need to be signed in and out.

NOCs will be charged for any equipment that is not returned or is returned in a badly damaged condition. A warm-up area with turbo trainers will also be available in the start area.

Ice and water distribution

Ice will be available in the Olympic Village and in the venues (distributed in the sport equipment storage) on competition days.

Bottled water and Powerade will be available in the Athletes' Lounge, as well as near the finish line after the race on the competition days. Bottled water and Powerade will also be distributed to a representative of each NOC on the days of the team leaders' meetings.

A cold-pack meal on competition days will be available for pick-up in the Athletes' Lounge.

Cycling bottles and feeding musettes

Cycling bottles and feeding musettes will be provided to all Road Cycling athletes in accordance with the table below. They will be distributed to a representative of each NOC.

Please note that all Cycling bottles and feeding musettes used in training and competition must meet the requirements of Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter, and the IOC's Manufacturer Identification Guidelines for the Rio 2016 Olympic Games.

RIDERS	BOTTLED WATER PER RIDER	POWERADE PER RIDER	BOTTLES PER RIDER	MUSETTES PER RIDER	DISTRIBUTION LOCATION
All Road Cycling	4 per day	2 per day	6	2	Pontal from 30 July
Men's Road Race	20	7	Additional 15	Additional 3	
Women's Road Race	15	5	Additional 10	Additional 3	Team leaders' meeting
Men's Time Trial	10	5	Additional 5	Additional 2	
Women's Time Trial	8	4	Additional 4	Additional 2	

Other venue facilities

The following facilities will be available at the venues:

Athletes' Lounge

The Athletes' Lounge in each venue will include seating, televisions showing the competition feed, a refreshment station and the Sport Information Desk (SID). Water and ice may also be collected from the Athletes' Lounge.

Changing rooms

Changing rooms with separate facilities for men and women will be available for athletes.

Towels

There will be towels available during the competition period at the sport equipment storage at each venue. Please note that towels will not be available during the training period.

Internet access

Free Wi-Fi internet access is available in the Athletes' Lounge. All properly accredited individuals will be able to access the wireless internet at the venue by accessing the Self Service Internet Portal on their personal device and creating a login and password.

Lost and found

All reports of lost items should be directed to the SID. This is also the location to which all found items should be delivered.

Medical services and facilities

See page [25](#).

Sport Information Desk (SID)

The SID is located in the Athletes' Lounge and will be open in accordance with the hours given below.

FORT COPACABANA	
6 August 2016	7.00 - 18.00
7 August 2016	9.45 - 18.00
PONTAL	
5 August 2016	8.30 - 12.30
8 August 2016	9.30 - 14.30
9 August 2016	8.30 - 15.30
10 August 2016	6.30 - 15.00

Team tents

At Fort Copacabana team tents will not be available. A preparation area will be available for the athletes near the team cars area.

In the case of bad weather conditions, a covered warm-up area with turbo trainers will be available near the Athletes' Lounge as well as changing rooms.

Allocated team tents will be available at Pontal. All team tents will have limited power facilities. Please be sure to purchase in advance the proper equipment for your needs and your team's needs. The team tents area will also include TVs showing the competition feed. For additional information regarding electrical outlets, please see page [105](#).

TEAMS' SOIGNEURS AREA

The access to the start area and finish area (zone 3) will be limited to one person per NOC with a finish-area bracelet.

VICTORY CEREMONY PREPARATION TENT

One tent will be available for the preparation of the athletes for the victory ceremony. The access to this tent will be limited to one person per NOC with a finish-area bracelet.

ACCREDITED/TEAM SEATING

At Fort Copacabana, accredited seating for same-sport athletes will be in the stands in front of the Athletes' Preparation Area. For Pontal, there will be a seating area available close to the Athletes' Medical Post. Athletes and team officials will need venue accreditation to access this area. Due to limited capacity, access is not guaranteed with a valid accreditation.

Weather information

Rio de Janeiro as a whole benefits from a mild to warm climate during the winter month of August. Based on statistics from recent years, teams can expect an average daily high of around 21-22°C (70-72°F) in the Copacabana and Barra zones. On average, relative humidity ranges from a minimum of around 60 per cent to a maximum of around 80 per cent during this period. The average monthly rainfall during August is 53 millimetres in the Copacabana zone and 42 millimetres in the Barra zone; the prevailing winds are from the south-west and south-east.

At Games time, forecasters from governmental meteorology institutions will be located in the Sport Operations Centre and will provide regular weather forecasts for all venues that will be staging outdoor sports. Up-to-date forecasts will be available on Info+.

Fort Copacabana

Key information

FORT COPACABANA

Praça Coronel Eugênio Franco nº1, Posto 6
Copacabana

Estimated journey time from Olympic Village Transport Mall (during the competition period when the Olympic Route Network is in use): 44 minutes

General description of the course

MEN'S RACE DISTANCE

237.4km

WOMEN'S RACE DISTANCE

136.9km

START/FINISH

Fort Copacabana

START

Fort Copacabana

Copacabana/Ipanema/Leblon/São Conrado — first 11.1km flat

Joá — 13.4km — 111m

Barra/Reserva/Pontal — 22.6km flat

GRUMARI CIRCUIT

- **Distance of the circuit: 24.7km**
- **Number of laps: four for men's race and two for women's race**
- **Cobblestone section: 2.5km before Grumari climb**
- **Grumari climb: narrow climb and descent in a forested area over 1.2km; highest point 126m, lowest point 10m; average gradient 11.7%**
- **Grota Funda climb: large road climb — over 2.1km; highest point 164m, lowest point 13m; average gradient 6.8%**

Pontal/Reserva/Barra — 22.6km flat

CANOAS/VISTA CHINESA CIRCUIT

- **Distance of the circuit: 25.6km**
- **Number of laps: two laps and one loop for men's race and one loop for women's race**
- **The circuit starts with Canoas climb, continuing with Vista Chinesa climb over 8.9km; highest point 530m, lowest point 12m; average gradient 13.1%**
- **Technical descent of 5.1km, finishing at 9.5km to go**

Jardim Botânico/Leblon/Ipanema/Copacabana — last 9.5km flat

FINISH

Fort Copacabana

Road Race

Further information on many aspects of the Road Race, including a complete and detailed set of maps and course description, may be found in the Race Manual, distributed separately to NOCs.

PRE-COMPETITION PROCEDURES

DATE/TIME	ACTIVITY	LOCATION	PARTICIPANTS
From 24 July	Cycling cars distribution and return	Olympic Village	Team leader
From 30 July	Distribution of bottled water, Powerade, cycling bottles and feeding musettes	Pontal venue	Team leader
30 July - 4 August 10.00 - 15.00	Road training	Pontal (Grumari Circuit)	
30 July	Partial familiarisation of Road Race course	Vista Chinesa circuit	
5 August 8.00 - 12.00	Road training	Pontal (Grumari Circuit)	
5 August 8.00 - 12.00	Radio tour installation and racks check	Pontal venue	Team leader
5 August 8.00 - 12.00	Distribution of bottled water, Powerade, cycling bottles and feeding musettes (additional for race)	Pontal venue	Team leader
5 August 9.00 - 10.00	Team leaders' meeting - Road Races	Pontal venue	Team leaders (max. two per NOC)
5 August 10.00 - 12.00	Confirmation of starters and distribution of race numbers and transponders (by invitation) – Road Races	Pontal venue	Team leaders (max. two per NOC)
5 August 14.00	Start lists Road Races distribution	Olympic Village (SIC)	Team leaders
6 August 13.30 - 16.30	Road training	Pontal (Grumari Circuit)	Women athletes
7 August 15.30 - 17.30	Road training	Pontal (Grumari Circuit)	Time Trial athletes

COMPETITION PROCEDURES

Men's race – 6 August 2016

TIME	ACTIVITY	LOCATION	PARTICIPANTS
TBD	Bikes delivery for transportation in the trucks	Olympic Village	Team mechanics
6.15	First convoy with mechanics and bikes departures from the Olympic Village	Olympic Village	One team mechanic
7.00	Second convoy with athletes/team officials and team cars departures from the Olympic Village	Olympic Village	Athletes and team officials
7.00 - 7.30	Venue opens to team support vehicles for drop-off of material (1st convoy)	Fort Copabana venue (access to zone 4)	Team mechanics
7.00 - 8.30	Ice pick-up for convoy cars	Fort Copacabana (sport equipment storage)	Team officials
7.45	Athletes' arrival to drop-off point	Fort Copacabana	Athletes and team officials
7.45	Team following cars arrive to the venue and park in zone 4 (L sticker) and 5 (S sticker)	Fort Copacabana	Team officials
8.00	Athletes inside the venue	Fort Copacabana	Athletes and team officials
8.00 - 9.00	Signing on and teams presentation Teams are required to be present together to sign on for the race. Athletes must present themselves in teams in accordance with the schedule in the Race Manual.	Fort Copacabana venue (zone 3)	Athletes
8.00 - 9.00	Team cars radios check	Fort Copacabana (zone 4)	Team officials
8.30	Team cars going to the Feeding zone 1 ready in zone 5 (FZ sticker)	Fort Copacabana (zone 5)	Team officials
8.45	Team cars going to the Feeding zone 1 departure from zone 5 (FZ sticker)	Fort Copacabana (zone 5)	Team officials
9.10	Riders ready for call in zone 3	Fort Copacabana (zone 3)	Athletes

9.10	Final radios check (all drivers inside the vehicles)	Fort Copacabana (zone 4)	Team officials
9.15 - 9.25	Call of nations Nations will be called to the start line in order of team ranking before the start of the race	Fort Copacabana (Zone 3)	Athletes/team officials (with finish line access)
9.25	All riders on the start line	Fort Copacabana (zone 3)	Athletes/team officials (with finish line access)
9.28	Start area clear (team officials leave zone 3)	Fort Copacabana (zone 3)	Athletes
9.30	Race start	Fort Copacabana	Athletes and convoy cars
	Team cars coming from the feeding zones arrive to the venue and park in zone 5	Fort Copacabana (zone 5)	Team officials
14.55	Teams soigneurs take their positions in zone 3 (1 per NOC with finish line bracelet)	Fort Copacabana (zone 3)	Team officials (with finish line access)
15.10	Race finish	Fort Copacabana (zone 3)	Athletes
15.10	Convoy team cars arrive to the venue, take the deviation and park in zone 4	Fort Copacabana (zone 4)	Team officials
15.10	Transponders removal	Fort Copacabana (zone 3)	Athletes
15.10	Riders escorted to the mixed zone	Fort Copacabana (zone 3)	Athletes
15.10	Radios removal from team cars (only teams without athletes for the women race the next day)	Fort Copacabana (zone 4)	Team officials
	Three first riders escorted to the victory ceremony preparation tent	Fort Copacabana (zone 3)	Athletes/team officials (with finish line access)
	Three first riders escorted to the victory ceremony area	Fort Copacabana (zone 3)	Athletes

16.07 - 16.14	Victory ceremony	Fort Copacabana (zone 3)	Athletes
17.00	Athletes/team officials and team cars leave the venue to the Olympic Village (first convoy)	Fort Copacabana (drop-off point)	Athletes/team officials
17.00 - 18.00	Venue opens to team support vehicles for pick-up of material	Fort Copacabana (zone 4)	Team officials
18.00	Mechanics and bike trucks depart from the venue to the Olympic Village (second convoy)	Fort Copacabana (zone 4)	One team mechanic

Women's Race – 7 August 2016

TIME	ACTIVITY	LOCATION	PARTICIPANTS
TBD	Bikes delivery for transportation in the trucks	Olympic Village	Team mechanics
9.00	First convoy with mechanics and bikes departures from the Olympic Village	Olympic Village	One team mechanic
9.45	Second convoy with athletes/team officials and team cars departures from the Olympic Village	Olympic Village	Athletes and team officials
9.45 - 10.15	Venue opens to team support vehicles for drop-off of material (first convoy)	Fort Copacabana venue (access to zone 4)	Team mechanics
9.45 - 11.15	Ice pick-up for convoy cars	Fort Copacabana (sport equipment storage)	Team officials
10.30	Athletes' arrival to drop off point (second convoy)	Fort Copacabana	Athletes and team officials
10.30	Team following cars arrive to the venue and park in zone 4 (L sticker) and 5 (S sticker)	Fort Copacabana	Team officials
10.45	Athletes inside the venue	Fort Copacabana	Athletes and team officials
10.45 - 11.45	Signing on and teams presentation Teams are required to present to sign on for the race. Athletes must present themselves in teams in accordance with the schedule in the Race Manual	Fort Copacabana venue (zone 3)	Athletes

10.45 - 11.15	Team cars radios check	Fort Copacabana (zone 4)	Team officials
11.15	Team cars going to the feed zone 1 ready in zone 5 (FZ sticker)	Fort Copacabana (zone 5)	Team officials
11.30	Team cars going to the feed zone 1 departure from zone 5 (FZ sticker)	Fort Copacabana (zone 5)	Team officials
11.55	Riders ready for call in zone 3	Fort Copacabana (zone 3)	Athletes
11.55	Final radios check (all drivers inside the vehicles)	Fort Copacabana (zone 4)	Team officials
12.00 - 12.10	Call of nations Nations will be called to the start line in order of team ranking before the start of the race	Fort Copacabana (zone 3)	Athletes/team officials (with finish line access)
12.10	All riders on the start line	Fort Copacabana (zone 3)	Athletes/team officials (with finish line access)
12.13	Start area clear (team officials leave zone 3)	Fort Copacabana (zone 3)	Athletes
12.15	Race start	Fort Copacabana	Athletes and convoy cars
	Team cars coming from the feeding zones arrive to the venue and park in zone 5	Fort Copacabana (zone 5)	Team officials
15.25	Teams soigneurs take their positions in zone 3 (1 per NOC with finish line bracelet)	Fort Copacabana (zone 3)	Team official (with finish line access)
15.40	Race finish	Fort Copacabana (zone 3)	Athletes
15.40	Convoy team cars arrive to the venue, take the deviation and park in zone 4	Fort Copacabana (zone 4)	Team officials
15.40	Transponders removal	Fort Copacabana (zone 3)	Athletes
15.40	Riders escorted to the mixed zone	Fort Copacabana (zone 3)	Athletes

15.40	Radios removal from team cars	Fort Copacabana (zone 4)	Team officials
	Three first riders escorted to the victory ceremony preparation tent	Fort Copacabana (zone 3)	Athletes/team officials (with finish line access)
	Three first riders escorted to the victory ceremony area	Fort Copacabana (zone 3)	Athletes
16.27 - 16.34	Victory ceremony	Fort Copacabana (zone 3)	Athletes
17.00	Athletes/team officials and team cars leave the venue to the Olympic Village (first convoy)	Fort Copacabana (Drop-off point)	Athletes/team officials
17.00 - 18.00	Venue opens to team support vehicles for pick-up of material	Fort Copacabana (zone 4)	Team officials
18.00	Mechanics and bike trucks depart from the venue to the Olympic Village (second convoy)	Fort Copacabana (zone 4)	One team mechanic

POST-COMPETITION PROCEDURES

After the end of the Road Races, riders will leave the field of play on the left, passing through the mixed zone en route to their team cars. Transponders will also be removed at this stage.

The first three riders will be escorted from the moment they cross the finish line to attend several procedures: mixed zone, victory ceremony, anti-doping control and press conference. The escorts will indicate to the athletes the order to follow.

For information on mixed zone procedures, press conferences, results distribution and victory ceremonies, see page [22-24](#).

Doping control station

The doping control station at Fort Copacabana is located next to the changing rooms.

For details of doping control at the Rio 2016 Olympic Games, please see page [17](#).

Pontal

Key information

PONTAL

Praça Tim Maia, Av. Lucio Costa
Recreio

Estimated journey time from Olympic Village Transport Mall: 16 minutes

Please note this is only applicable during the period when the Olympic Route Network is in use. During the training period up to 31 July, travel times may vary according to traffic conditions.

General description of the course

MEN'S RACE DISTANCE

54.5km

WOMEN'S RACE DISTANCE

29.8km

START/FINISH

Pontal

START

Tim Maia Square (Pontal) Estrada do Pontal – 2.5km flat

GRUMARI CIRCUIT:

- Distance of the circuit: 24.7km
- Number of laps: Four for men's race and two for women's race
- Cobblestone section: 2.5km before Grumari climb
- Grumari climb: narrow climb and descent in a forested area over 1.2km; highest point 126m, lowest point 10m; average gradient 11.7%
- Grota Funda climb: large road climb — over 2.1km; highest point 164m, lowest point 13m; average gradient 6.8%

Estrada do Pontal – last 2.3km flat

FINISH

Tim Maia Square (Pontal)

INTERMEDIATE TIMING POINTS

Women's race

- Km 9.94
- Km 19.67

Men's race

- Km 9.94
- Km 19.67
- Km 34.67
- Km 44.40

Time Trial

PRE-COMPETITION PROCEDURES

DATE AND TIME	ACTIVITY	LOCATION	PARTICIPANTS
7 August 15.30 - 17.30	Road training	Pontal (Grumari Circuit)	Time Trial athletes
8 August 10.00 - 12.00	Road training	Pontal (Grumari Circuit)	Time Trial athletes
9 August 8.00 - 11.00	Radio tour installation and racks check	Pontal venue	Team leader
9 August 8.00 - 11.00	Distribution of bottled water, Powerade, cycling bottles and feeding musettes (additional for race)	Pontal venue	Team leader
9 August 9.00 - 10.00	Team leaders' meeting - Time Trial	Pontal venue (Athletes' Lounge)	Team leaders (max. 2 per NOC)
9 August 10.00 - 11.00	Confirmation of starters - Time Trial	Pontal venue (Athletes' Lounge)	Team leaders (max. 2 per NOC)
9 August 10.00 - 12.00	Road training	Pontal (Grumari Circuit)	Time Trial athletes
9 August	Time Trial familiarisation	Pontal venue	Time Trial athletes
9 August 14.00	Start lists Time Trial distribution	Pontal venue (Athletes' Lounge)	Team leaders (max. 2 per NOC)
9 August 14.00 - 15.00	Distribution of riders' numbers and transponders	Pontal venue (Athletes' Lounge)	Team leaders (max. 2 per NOC)

COMPETITION PROCEDURES

Men's and women's races – 10 August 2016

TIME	ACTIVITY	LOCATION	PARTICIPANTS
TBD	Bikes delivery for transportation in the trucks	Olympic Village	Team mechanics
5.00	First convoy with mechanics and bikes departures from the Olympic Village	Olympic Village	One team mechanic
5.30 - 6.30	Venue opens to team support vehicles for drop-off of material (first convoy)	Pontal (access to zone 4)	Team mechanics
6.00 - 11.30	Rollers pick-up	Pontal (Sport equipment storage)	Team officials
6.30	First shuttle for athletes' and team officials' departures from the Olympic Village	Olympic Village	Athletes and team officials
6.30 - 13.00	Ice pick-up	Pontal (Sport equipment storage)	Team officials
6.50	First athletes' shuttle arrives at the load zone	Pontal (load zone)	Athletes and team officials
6.50 - 8.30	Team following cars arrive to the venue and park in zone 4 (L sticker) and 5 (S sticker)	Pontal (zones 4 and 5)	Team officials
7.00 - 8.30	Team cars radios check	Pontal (zone 4)	Team officials
7.30	Warm-up area and bike check opens	Pontal (start area)	Athletes/team officials
Women's race			
8.15	Names in team cars	Pontal (zone 4)	Team officials
8.15	First athlete in the bike check	Pontal (start area)	Athletes/team officials
8.20	First athlete in the waiting area	Pontal (start area)	Athletes
8.25	First athlete in the start ramp	Pontal (start area)	Athletes
8.30	Women's first rider departs	Pontal (start area)	Athlete and team car
9.06	Women's last rider departs	Pontal (start area)	Athlete and team car

9.08 - 9.12	Women's first rider crosses the finish line	Pontal (finish area)	Athlete
9.44 - 9.48	Women's last rider crosses the finish line	Pontal (finish area)	Athlete
Men's race – first wave			
9.45	Names in team cars	Pontal (zone 4)	Team officials
9.45	First athlete in the bike check	Pontal (start area)	Athletes/Team officials
9.50	First athlete in the waiting area	Pontal (start area)	Athletes
9.55	First athlete in the start ramp	Pontal (start area)	Athletes
10.00	Men's first rider departs	Pontal (start area)	Athlete and team car
10.28.30sec	Men's last rider departs	Pontal (start area)	Athlete and team car
11.05 - 11.11	Men's first rider crosses the finish line	Pontal (finish area)	Athlete
11.33 - 11.39	Men's last rider crosses the finish line	Pontal (finish area)	Athlete
Men's race – second wave			
11.04	Names in team cars	Pontal (zone 4)	Team officials
11.04	First athlete in the bike check	Pontal (start area)	Athletes/team officials
11.09	First athlete in the waiting area	Pontal (start area)	Athletes
11.14	First athlete in the start ramp	Pontal (start area)	Athletes
11.19	Men's first rider departs	Pontal (start area)	Athlete and team car
11.47.30sec	Men's last rider departs	Pontal (start area)	Athlete and team car
12.24 - 12.30	Men's first rider crosses the finish line	Pontal (finish area)	Athlete

12.52 - 12.58	Men's last rider crosses the finish line	Pontal (finish area)	Athlete
	Transponders removal when the riders cross the finish line	Pontal (finish area)	Athletes
	Team cars following the riders take the deviation and park in zone 4	Pontal (zone 4)	Team officials
	Team cars coming from the feed zone park in zone 5	Pontal (zone 5)	Team officials
	Radio removal from team cars from cars' arrival	Pontal (zone 4)	Team officials
	Riders escorted to the hot seat or mixed zone	Pontal (finish area)	Athletes
12.45	Women's race - first three riders escorted to the victory ceremony preparation tent	Pontal (finish area)	Athletes/team officials (with finish line access)
12.55	Men's race - first three riders escorted to the victory ceremony preparation tent	Pontal (finish area)	Athletes/team officials (with finish line access)
13.00	Women's race victory ceremony	Pontal (finish area)	Athletes
13.07	Men's race victory ceremony	Pontal (finish area)	Athletes
13.30	Athletes/team officials and team cars leave the venue to the Olympic Village	Pontal	Athletes/team officials
13.30 - 14.30	Venue opens to team support vehicles for pick-up of material	Fort Copacabana (Zone 4)	Team officials
14.30	Mechanics and bike trucks depart from the venue to the Olympic Village (convoy)	Fort Copacabana	One team mechanic

POST-COMPETITION PROCEDURES

All athletes must pass through the mixed zone after their Time Trial event, before returning to the athletes' area. Transponders will also be removed at this stage.

Athletes who complete their Time Trial in one of the three fastest times recorded at that point in the competition are required to take a position on the 'hot seat' next to the mixed zone. If an athlete's time is subsequently beaten and he/she drops outside the top three, he/she will be replaced on the hot seat. Athletes that end the competition in the top three will then be directed from the hot seat to the victory ceremony.

The first three riders will be escorted from the moment they cross the finish line to attend the several procedures: hot seat, award ceremony, mixed zone, anti-doping control and press conference. The escorts will indicate to the athletes the order to follow.

For press conferences, results distribution and victory ceremony procedures post-competition, see page [22-24](#).

Doping control station

The doping control station at Pontal is located near the Athletes' Medical Post. For details of doping control at the Rio 2016 Olympic Games, please see page [17](#).

Training

For details regarding Road Race training, please see the Road Race Manual, which will be available on the Rio Exchange prior to Games-time.



TRACK CYCLING

Competition: Essentials

The Track Cycling competition at the Rio 2016 Olympic Games will be held from Thursday 11 August to Tuesday 16 August 2016 at the Rio Olympic Velodrome in the Barra Olympic Park. A total of 189 athletes, 99 men and 90 women, may take part in competition.

Key dates

24 JULY 2016	Olympic Village official opening
25 JULY 2016	Start of Velodrome scheduled training (daily until 10 August)
30 JULY 2016	Pontal opens for training
5 AUGUST 2016 (DAY 0)	Olympic Games Opening Ceremony
10 AUGUST 2016 (DAY 5)	Track Cycling team leaders' meeting
11 AUGUST 2016 (DAY 6)	Start of Track Cycling competition
16 AUGUST 2016 (DAY 11)	End of Track Cycling competition
21 AUGUST 2016 (DAY 16)	Olympic Games Closing Ceremony

Rio 2016 competition management

CYCLING MANAGER	Sandra Kawasaki
TRACK CYCLING MANAGER	Beatriz Rezende
CYCLING SERVICES MANAGER	Ana Barahona
TRACK CYCLING TECHNICAL OPERATIONS MANAGER	Regina Moralles Barbieri

Union Cycliste Internationale (UCI)

TECHNICAL DELEGATE	Gilles Peruzzi	SUI
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International Technical Officials (ITOs)

COMMISSAIRES PANEL	President of the Commissaires Panel	Alexander Donike	GER
	Starter	Jérôme Lappartient	FRA
	Judge – Referee	Greg Griffiths	AUS
	Secretary	Paula Martins	POR
	Panel Members	Paul Watson	IRL
		Randall Shafer	USA
Jinshan Zhao		CHN	

National Technical Officials (NTOs)

(All BRA unless otherwise noted)

Antonio Vink	Thiago Soares	Iverson Ladewig
Ivyh Oliveira	Simone Gonçalves	Luiz Fernando Vasconcellos
Kathya Sirydakis	Flavia Macieira	Elaine Sirydakis
Adegmar Pereira	Juliano Passoni	Regina Machado
Katia Diegues Araujo	Mónica Braga (ARG)	Alexandre Schneider

Medal events

MEN (5)	WOMEN (5)
Team Sprint	Team Sprint
Sprint	Sprint
Keirin	Keirin
Team Pursuit	Team Pursuit
Omnium	Omnium

Competition format

The Olympic Track Cycling programme features five events, which are contested separately by men and women. The competition format for all events is the same for men and women unless stated otherwise.

TEAM SPRINT

The Team Sprint event consists of three phases: qualifying, first round and finals.

For men, the qualifying round is run over three laps by teams of three, who must each lead for one lap of the race. For women it is run over two laps by teams of two, who must each lead for one lap of the race.

The qualifying round determines the eight best teams on the basis of their times, and these times are used to set the start lists for the first round. The four winning teams in the first round will qualify for the finals. The teams with the two best times ride in the final for gold, and the other two teams ride the final for bronze.

Teams beaten during the first round are placed fifth to eighth according to their times in that round.

In case of a tie (to the closest one-thousandth of a second), the team with the fastest time over the last lap will be declared the winner.

KEIRIN

The Keirin event consists of four stages: first round, first round repechages, second round and finals.

The Keirin is a race in which riders complete a two-and-a-half-lap sprint after having finished five and a half laps in a bunch behind a motorcycle-mounted pacer in order to progressively reach a specific speed. The pacer starts at 30km/h for men and 25km/h for women, increases to 50km/h for men and 45km/h for women and leaves the track with two and a half laps to go.

There are 27 riders in four heats of six or seven riders, with eight athletes (the first two of each heat) qualifying for the second round. The 19 riders who do not qualify in the first round are divided into four heats of the first round repechage. The winners of each heat join the other eight riders in the second round.

In the second round, the 12 riders are divided into two heats of six each. The first three athletes of each heat proceed to the finals, and the six losers proceed to compete for places 7-12.

SPRINT

The Sprint competition consists of 10 phases: qualifying, 1/16 finals, 1/16 finals repechages, 1/8 finals, 1/8 finals repechages, quarter-finals, semi-finals, race for places 9-12, race for places 5-8 and finals.

During the qualifying phase, all riders will complete a 200m flying start (time trial, after two and a half build-up laps) to determine the fastest 18 riders taking part in the Sprint event and the seeding order for the 1/16 finals.

From the 1/16 finals, this is a head-to-head competition. The winners go to the 1/8 finals and the losers go to 1/16 repechages to get the chance to compete in the next stage.

For the 1/8 finals, each winner of the heats (six riders) follow through to the quarter-finals. The other two remaining places will be filled from the 1/8 repechages with the six losers in two heats of three riders. Only the winner of each repechage heat will follow through to the quarter-finals.

From the quarter-finals, two-up matches over two races (with a third deciding race, if necessary) will be held. Winners of the quarter-finals go through to the semi-finals.

In the case of a tie (to the closest one-thousandth of a second) in the 200m flying start, the riders concerned will be classified according to the best time in the last 100m. If the last 100m time cannot be recorded or if the riders are still tied, the riders concerned will be classified by drawing lots.

TEAM PURSUIT

The Team Pursuit is raced over a distance of 4,000m by teams of four riders for men and women.

The Team Pursuit will begin with a qualifying round. The eight teams that record the best times in the qualifying rounds will be matched up in the first round as follows:

- sixth fastest against seventh fastest
- fifth fastest against eighth fastest
- second fastest against third fastest
- fastest against fourth fastest

The winners of heats three and four in the first round ride in the final for the gold medal. The remaining six teams will be ranked by their times in the first round and will be paired as follows:

- two fastest teams ride the final for the bronze medal
- next two fastest teams ride the final for fifth and sixth places
- last two teams ride the final for seventh and eighth places

OMNIUM

The Omnium is a combined competition in which riders must compete in all six races scheduled over two days in the following order: scratch race, individual pursuit, elimination race, time trial, flying lap and points race.

For the first five races, the winner of each race scores 40 points, the second 38 and so on. Riders shall start the sixth race (the points race) with all points accrued over the first five events and all points scored in sprints or by taking laps during the points race are considered. The overall winner of the Omnium is the rider with the most cumulative points.

The scratch race

A bunch race run over 15km for men and 10km for women.

The individual pursuit

The race distance is 4,000m for men and 3,000m for women. Riders will be paired in reverse order based upon the ranking after the scratch race. The winner shall be the rider recording the fastest time.

The elimination race

A bunch race during which the last rider crossing the line at each intermediate sprint (every two laps) is eliminated.

The time trial

The race distance is 1km for men and 500m for women. Riders will be paired in reverse order based upon the ranking after the elimination race. The rider with the fastest time is declared the winner.

The flying lap

This is a race against the clock with a flying start from the finish line. In the case of a tie (to the closest one thousandth of a second), the riders concerned will be ranked according to the best time in the last 200 metres.

The points race

Men cover 40km and women cover 25km. The final placing is determined according to accumulated points won by riders:

- Sprints occur every 10 laps, with points awarded as follows: five points for first, three points for second, two points for third and one point for fourth.
- Any rider that gains a lap on the main field will be awarded 20 points.
- Any rider that loses a lap on the main field will have 20 points deducted.
- In the event of a tie in the final ranking, the places in the final sprint of the points race shall break the tie.

Competition schedule

Changes to the competition schedule will be communicated to NOCs through the Sport Information Centre (SIC) and the Sport Information Desk (SID) at the Rio Olympic Velodrome. Changes will also appear on Info⁺.

The timings for individual events are a guide only and may be subject to change during the session – all racing will be continuous.

THURSDAY 11 AUGUST 2016 (DAY 6), RIO OLYMPIC VELODROME		
CT01 16.00 - 18.45	16.00 - 16.16	Men's Team Sprint qualifying
	16.19 - 17.10	Women's Team Pursuit qualifying
	17.10 - 17.23	Men's Team Sprint 1st round
	17:23 - 18.19	Men's Team Pursuit qualifying
	18.21 - 18.29	Men's Team Sprint finals 3-4 & 1-2
	16.35 - 18.45	Men's Team Sprint victory ceremony

FRIDAY 12 AUGUST 2016 (DAY 7), RIO OLYMPIC VELODROME		
CT02 16.00 - 19.10	16.00 - 16.14	Women's Team Sprint qualifying
	16.14 - 16.50	Men's Sprint: 200 m t.t. qualifying
	16.52 - 17.17	Men's Team pursuit 1st round
	17.17 - 17.28	Women's Team Sprint 1st round
	17.30 - 17.58	Men's Sprint: 1/16 final
	18.00 - 18.08	Women's Team Sprint finals 3-4 & 1-2
	18.08 - 18.18	Men's Sprint repechages 1/16 final
	18.20 - 18.50	Men's Team pursuit finals
	18.50 - 19.00	Women's Team Sprint victory ceremony
	19.00 - 19.10	Men's Team pursuit ceremony
SATURDAY 13 AUGUST 2016 (DAY 8), RIO OLYMPIC VELODROME		
CT03 10.00 - 11.40	10.00 - 10.21	Women's Keirin 1st round
	10.23 - 10.42	Men's Sprint 1/8 final
	10.44 - 11.05	Women's Keirin 1st round repechages
	11.07 - 11.15	Men's Sprint 1/8 final repechages
	11.17 - 11.40	Women's Team Pursuit 1st round
CT04 16.00 - 18.25	16.00 - 16.16	Men's Sprint 1/4 final (race 1)
	16.18 - 16.22	Men's Sprint places 9 to 12
	16.22 - 16.34	Women's Keirin 2nd round
	16.34 - 16.50	Men's Sprint 1/4 final (race 2)
	16.53 - 17.21	Women's Team Pursuit finals
	17.21 - 17.25	Men's Sprint 1/4 final (race 3 i.r.)
	17.27 - 17.33	Women's Keirin final places 7-12
	17.33 - 17.39	Women's Keirin final 1-6
	17.41 - 17.49	Men's Sprint - 1/2 final (race 1)
	17.49 - 17.59	Women's Team Pursuit victory ceremony
	17.59 - 18.07	Men's Sprint 1/2 final (race 2)
	18.07 - 18.17	Women's Keirin victory ceremony

CT04 16.00 - 18.25	18.17 - 18.21	Men's Sprint places 5-8
	18.21 - 18.25	Men's Sprint 1/2 final (race 3 i.r)
SUNDAY 14 AUGUST 2016 (DAY 9), RIO OLYMPIC VELODROME		
CT05 16.00 - 19.35	16.00 - 16.38	Women's Sprint 200 t.t. qualifying
	16.40 - 17.02	Men's Omnium I scratch 15km
	17.04 - 17.12	Men's Sprint finals 3-4 & 1-2 (race 1)
	17.12 - 17.40	Women's Sprint 1/16 final
	17.42 - 17.50	Men's Sprint finals 3-4 & 1-2 (race 2)
	17.50 - 18.47	Men's Omnium II Ind. Pursuit 4km
	18.47 - 18.51	Men's Sprint finals 3-4 & 1-2 (race 3 i.r)
	18.51 - 19.01	Women's Sprint 1/16 final repechages
	19.02 - 19.12	Men's Sprint victory ceremony
	19.15 - 19.33	Men's Omnium III elimination race
MONDAY 15 AUGUST 2016 (DAY 10), RIO OLYMPIC VELODROME		
CT06 10.00 - 11.20	10.00 - 10.19	Women's Sprint 1/8 final
	10.21 - 10.48	Men's Omnium IV kilometre t.t.
	10.50 - 10.57	Women's Sprint repechages 1/8 final
	10.59 - 11.17	Women's Omnium I Scratch 10 km
CT07 16.00 - 18.45	16.00 - 16.24	Men's Omnium V flying lap 250m time trial
	16.26 - 16.30	Women's Sprint places 9 to 12
	16.30 - 17.20	Women's Omnium II Ind. Pursuit 3 km
	17.23 - 18.15	Men's Omnium final points race 40 km
	18.17 - 18.35	Women's Omnium III elimination
	18.35 - 18.45	Men's Omnium victory ceremony
TUESDAY 16 AUGUST 2016 (DAY 11), RIO OLYMPIC VELODROME		
CT08 10.00 - 11.50	10.00 - 10.16	Women's Sprint 1/4 final (race 1)
	10.18 - 10.39	Men's Keirin 1st round
	10.41 - 10.57	Women's Sprint 1/4 final (race 2)
	10.57 - 11.19	Women's Omnium IV 500 m t.t.

CT08 10.00 - 11.50	11.19 - 11.23	Women's Sprint 1/4 final (race 3 i.r.)
	11.25 - 11.46	Men's Keirin 1st round repechages
	11.46 - 11.50	Women's Sprint places 5 to 8
CT09 16.00 - 18.50	16.00 - 16.08	Women's Sprint 1/2 final race 1
	16.10 - 16.36	Women's Omnium V flying lap 250m time trial
	16.36 - 16.44	Women's Sprint 1/2 final race 2
	16.46 - 16.58	Men's Keirin 2nd round
	16.58 - 17.02	Women's Sprint 1/2 final (race 3 i.r.)
	17.05 - 17.42	Women's Omnium final points race 25km
	17.44 - 17.52	Women's Sprint finals 3-4 & 1-2 (race 1)
	17.52 - 18.02	Women's Omnium victory ceremony
	18.04 - 18.12	Women's Sprint finals 3-4 & 1-2 (race 2)
	18.14 - 18.20	Men's Keirin final 7-12
	18.20 - 18.26	Men's Keirin final 1-6
	18.26 - 18.30	Women's Sprint finals 3-4 & 1-2 (race 3 i.r.)
	18.30 - 18.40	Men's Keirin victory ceremony
	18.40 - 18.50	Women's Sprint victory ceremony

Competition: General information

Pre-competition procedures

CONFIRMATION OF STARTERS AND LICENCE CONTROL

DATE

10 August 2016

TIME

12.00 - 14.00

LOCATION

Rio Olympic Velodrome

Confirmation of starters and licence control will be held in accordance with the UCI regulations. Team managers must confirm all starters and present all licences.

TRACK CYCLING TEAM LEADERS' MEETING

DATE

10 August 2016

TIME

18.00

LOCATION

Rio Olympic Velodrome

The team leaders' meeting will be held in accordance with the UCI regulations in the presence of the commissaire president, the UCI technical delegate, the UCI commissaires, the chief commissaire adjoint, the Rio 2016 Cycling manager, the Rio 2016 Track Cycling manager and anti-doping officers. All team leaders are required to attend. The meeting will provide critical information required for the athletes during competition, including information on regulations, track-centre operations and protocols.

DISTRIBUTION OF RIDERS' NUMBERS AND TRANSPONDERS

DATE

10 August 2016

TIME

After the team leaders' meeting

LOCATION

Rio Olympic Velodrome

A representative from each NOC must attend in order to collect their riders' numbers and transponders.

WATER BOTTLES

Water bottles with a capacity of 500ml will be provided to Track Cycling athletes in accordance with the table below. Bottles will be distributed to a representative of each NOC. Please note that all water bottles used in training and competition must meet the requirements of Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter, and the IOC's Manufacturer Identification Guidelines for the Rio 2016 Olympic Games.

TRACK CYCLING WATER BOTTLE DISTRIBUTION	
Bottles per rider	Distribution location
6 bottles	SID in the Athletes' Lounge at Rio Olympic Velodrome

Competition procedures

WARM-UP

The track will be open for warm-up from two hours before the start of each competition session for riders competing in that session only. For information on other training sessions, see page [87](#).

BIKE WEIGHING/MEASURING PROCEDURE

All bicycles must conform to the principles and design parameters stated in the UCI Cycling Regulations. In particular, the commissaires will be measuring and weighing all bicycles used in competition before the riders enter the track. All bicycles must be presented to the commissaires in reasonable time for them to carry out these checks. It should also be noted that further checks may be carried out at any time during competition.

ACCESS TO THE TRACK

During racing, each team/rider is allowed one coach on the track safety run-off zone. Spectating from the track access gate landings or ramps is not allowed.

RIDER WAITING AREA

All riders must wait in the designated waiting area before their race. All riders are requested to arrive at this area in good time, and to access the track from these seats when directed.

ACCREDITED/TEAM SEATING

There will be accredited seating in the upper seating bowl, near the south access. All athletes and team officials must wear their accreditation to access these seats.

VIDEO RECORDING

Non-professional consumer cameras do not require stickers to be brought into venues, and clearance with OBS is not necessary. If a team wishes to do its own technical filming in a competition venue during competition, it may do so from the athlete and spectator seating area using non-professional consumer video cameras (per IOC policy the camera must be non-broadcast, i.e. a camera that is used for domestic use rather than for commercial high-end broadcasting). Teams may also film during the training sessions using non-professional cameras. All such material shall be used solely for internal viewing purposes and not for commercial use.

In addition, one team member per NOC is allowed to access the dedicated platform available in the centre of the concourse available for filming. LAN ports will be available. NOCs will have to book these dedicated positions daily at the SIC at the Olympic Village or at the SID at the venue. Blue zone accreditation is required to access the area.

Post-competition procedures

LEAVING THE TRACK

All athletes must leave the track from the back straight access gate, following the exit route through the mixed zone. Athlete chaperones will direct riders through the mixed zone. After each final, medal winners will be directed to the victory ceremonies waiting area unless otherwise instructed. For information on doping control, see page [17](#). For information on press conferences, results distribution and victory ceremony post-competition procedures, see page [22-24](#).

Competition: Venue information

The Rio Olympic Velodrome will host the Track Cycling events during the Olympic Games. After the Games, it will become an integral part of the Olympic Training Centre, leaving an important legacy for the sport in Brazil. The track and all equipment will be presented in accordance with the UCI Cycling Regulations. The gross capacity during the Olympic Games is approximately 5,600.

The Rio Olympic Velodrome features a 250m track laid with Siberian pine, banked to an angle of 13 degrees at its shallowest point and 44.5 degrees at its steepest point. The track and all equipment will be presented in accordance with the UCI Cycling Regulations.

Key information

RIO OLYMPIC VELODROME

Av. Embaixador Abelardo Bueno, 3.401/30
Barra da Tijuca

Estimated journey time from Olympic Village Transport Mall: 14 minutes

Please note this is only applicable during the competition period when the Olympic Route Network is in use. During the training period up to 6 August, travel times may vary according to traffic conditions.

Venue access

The athletes' load zone is located outside the Rio Olympic Velodrome. Signs will direct athletes from the load zone to the athletes' area.

Rio 2016 strongly recommends the use of the official transport system. Every NOC will be responsible for its equipment and riders' safety in case any athlete decides to ride the route between the Olympic Village and the Velodrome. Riders will be allowed to access the Barra Olympic Park by the east entrance. Signs indicating how to get to the Velodrome will be distributed along the path. Traffic paths must be respected.

Venue facilities and services

Athletes' Lounge

The Athletes' Lounge is situated on the ground floor in the back-of-house corridors of the Rio Olympic Velodrome, immediately next to the athletes' entrance. Amenities will include refreshments, tables, chairs, sofas and a television.

Bike maintenance and repair

Neutral service will be available for competing athletes in a box in the track centre from 8 August and throughout the competition period at no charge.

Changing rooms, toilets and showers

Athletes' changing rooms, toilets and showers are located on the ground floor, immediately next to the athletes' entrance in the back-of-house corridors. Towels will be provided during the competition period, but all used towels must be returned to the designated drop spots and must not be taken back to the Olympic Village.

In addition to the toilets in the changing rooms, there are athletes' toilets at the bottom of both infield ramps.

Doping control station

The doping control station at the Rio Olympic Velodrome is located on the ground floor. For details of doping control at the Rio 2016 Olympic Games, please see page [17](#).

Internet access

At the Velodrome, free wireless internet access is available in the Athletes' Lounge. All properly accredited individuals will be able to access the wireless internet at the venue by accessing the Self Service Internet Portal on their personal device and creating a login and password.

Lost and found

All reports of lost items at the Rio Olympic Velodrome should be directed to the SID (see below). This is also the location to which all found items should be delivered.

Medical services and facilities

See page [25](#).

Sport Information Desk (SID)

The SID at the Rio Olympic Velodrome is located at the Athletes' Lounge. For the opening hours, please see below.

RIO OLYMPIC VELODROME SID OPENING HOURS	
25 July - 4 August	8.00 - 19.30
5 August	6.00 - 13.00
6 August - 10 August	7.45 - 19.30

11 August	7.30 - 19.45
12 August	7.30 - 20.00
13 August	7.30 - 19.30
14 August	7.30 - 21.00
15 August	7.30 - 19.45
16 August	7.30 - 19.50

Team cabins

Storage containers for bikes and equipment will be allocated to teams according to the numbers of riders entered for each team. The containers are located beside to the infield ramp. Each container is equipped with power. The area containing the storage containers will be guarded by security 24 hours a day.

On arrival at the Rio Olympic Velodrome, teams should report to competition management to collect their cabin key. All keys must be signed for upon collection; NOCs will be charged R\$500 for each unreturned key. Teams may only use the cabin(s) that has been allocated to them.

Team pens

Each team will be allocated a box within the track centre, the size of which will be determined by the number of riders entered for each team. Team boxes will be equipped with chairs, an internet port and two power sockets. Teams will also be allocated space for use of rollers. All rollers and bike racks must be kept within the designated areas.

A limited number of rollers and turbo trainers will be available for teams to take on loan if required. The rollers and turbo trainers may be collected from the sport equipment storage and will be distributed daily on a first-come, first-served basis. NOCs will be charged R\$500 for any equipment that is not returned or is returned in a badly damaged condition.

Training

Training for the Track Cycling competition will take place at the Rio Olympic Velodrome, the competition venue, and at Pontal. The Rio Olympic Velodrome will be open for training from 25 July until 10 August, and Pontal will be open for training from 30 July to 4 August, 8 and 9 August, and 11 to 15 August. All equipment and clothing must comply with Rule 50 and the Bye-law to Rule 50 of the IOC Olympic Charter.

Pontal

Key information

PONTAL

Avenida Lucio Costa - S/N Praça Tim Maia
Recreio do Bandeirante

Venue access

Athletes utilising VAPP-accredited vehicles will be dropped off at the start of the Cycling course.

Training facilities

The Cycling course will be at Serra Grota Funda (Avenida das Américas) and will measure 4.2km. The venue facilities will be shared with Triathlon and Athletics athletes.

Other venue facilities and services

Athletes' Lounge

There will be a lounge with tables, chairs and a refreshment station.

Changing rooms and showers

Changing rooms with showers will be available for athletes' use at the venue. Separate toilet facilities will be available for men and women.

Velodrome training

From 25 July to 10 August, the day before the start of competition, the Rio Olympic Velodrome will be open for scheduled training every day. During this period, teams will be allocated daily training sessions of up to two hours on all days except 5 August 2016, the day of the Opening Ceremony, when training will end at 12.00 and session times will be adjusted accordingly. Training slots will be shared with other NOCs based on the size of each team, with sessions allocated on a strict rotational basis. Several teams will share the track during each session.

On 11, 12 and 14 August, the track will be available for training from 8.00 to 14.00, when teams will be allocated sessions on a strict rotational basis, followed by a warm-up session, open only to athletes competing that day.

On 13, 15 and 16 August, there will be no training sessions. Instead, there will be warm-up sessions, open only to athletes who are competing that day.

Please note that training times and dates are subject to change due to ongoing conversations with the IF and the NOCs. Any updates to the schedule will be communicated to the NOCs via the Rio Exchange and will be available on Info+.

VELODROME TRAINING SESSIONS		
25 July to 4 August	9.00 - 19.00	Scheduled training
5 August	7.00 - 12.00	Scheduled training
6 August to 10 August	9.00 - 19.00	Scheduled training
11 August	8.00 - 14.00	Scheduled training
	14.00 - 16.00	Warm-up for riders competing in session CT01 only
12 August	8.00 - 14.00	Scheduled training
	14.00 - 16.00	Warm-up for riders competing in session CT02 only
13 August	8.00 - 10.00	Warm-up for riders competing in session CT03 only
	14.00 - 16.00	Warm-up for riders competing in session CT04 only
14 August	8.00 - 14.00	Scheduled training
	14.00 - 16.00	Warm-up for riders competing in session CT05 only
15 August	8.00 - 10.00	Warm-up for riders competing in session CT06 only
	14.00 - 16.00	Warm-up for riders competing in session CT07 only
16 August	8.00 - 10.00	Warm-up for riders competing in session CT08 only
	14.00 - 16.00	Warm-up for riders competing in session CT09 only

TRAINING TIMES: 25 JULY - 10 AUGUST																		
	25 July	26 July	27 July	28 July	29 July	30 July	31 July	1 August	2 August	3 August	4 August	4 August	5 August	6 August	7 August	8 August	9 August	10 August
9.00 - 11.00	D	A	B	C	E	D	A	B	C	E	D	D		A	B	C	E	D
11.00 - 13.00	E	B	A	D	C	E	B	A	D	C	E	E		B	A	D	C	E
13.00 - 15.00	A	C	E	B	D	A	C	E	B	D	A	A		C	E	B	D	A
15.00 - 17.00	B	D	C	E	A	B	D	C	E	A	B	B		D	C	E	A	B
17.00 - 19.00	C	E	D	A	B	C	E	D	A	B	C	C		E	D	A	B	C

TRAINING TIMES: 5 AUGUST	
7.00 - 8.15	X
8.15 - 9.30	Y
9.30 - 10.45	Z
10.45 - 12.00	W

Opening Ceremony
 Last bus to Village from
 Velodrome 12.45
**No access to Velodrome
 after 12.45**

TRAINING TIMES: 10, 11 AND 13 AUGUST			
	10 August	11 August	13 August
8.00 - 9.30	X	Y	Z
9.30 - 11.00	Y	Z	W
11.00 - 12.30	Z	W	X
12.30 - 14.00	W	X	Y
14.00 - 16.00	Warm-up for riders competing in session only		

Training Venue Passes (TVPs)

Training Venue Passes (TVPs) will facilitate access to training venues (standalone training venues and competition venues when in training mode) for non-accredited athlete support staff. TVPs do not act as an accreditation and do not grant additional entitlements to the holder. The TVP does not act as a visa waiver.

TVPs are applicable to non-accredited personal coaches, training partners, massage therapists, physiotherapists and other essential staff. They cannot be used by reserve athletes.

TVPs will be available at the Rio 2016 Olympic Games, in line with International Olympic Committee (IOC) regulations and on a sport-specific basis, from the start of training until the end of competition for the respective sport. There will be a limit to the number that NOCs can request for each venue on a particular day, which will vary according to the sport's quota.

TVPs will be valid for one day only. Individuals that are required to attend training across multiple days must submit separate requests through the Guest Pass system for each day. They will need to collect a new TVP for each day they attend the relevant venue.

NOCs must submit requests for TVPs directly through the Guest Pass System (GUP) by completing the required upload template (sent with the registration materials in March 2016). This template must include details of all potential TVP users, which should have been saved in the GUP system by the Sport Entries deadline of 18 July 2016.

The application procedure will be the same for stand-alone and competition training venues. Once NOCs have entered the names of all potential TVP users in the GUP and concluded their DRMs, team leaders should go to the appropriate sport desk in the SIC to request the venues and dates for the TVP. At that point, the SIC volunteer will confirm that the NOC has quota available and register the request.

Upon arrival at stand-alone training venues, individuals should report to the workforce entrance, where they will be issued with a TVP for the day upon presentation of valid photo identification. For competition training venues, individuals should report to the Venue Accreditation Office (VAO), where they will follow the same procedure.

For the Track Cycling competition, TVPs will be available for the Rio Olympic Velodrome. Please see below the Track Cycling quota for TVPs per NOC per day:

Discipline	Venue	DAILY QUOTA PER NOC		Applicable period	Venue access
		No. of athletes	No. of passes per day		
Cycling (Track)	Rio Olympic Velodrome	1+	1	25 July to 10 August	Limited to training areas. No access to seating - ticket required to attend competition.
	Pontal			30 July - 4 August; 8 - 9 & 11 - 15 August	



THE GAMES

Accreditation

The Rio 2016 Organising Committee for the Olympic and Paralympic Games issues an Olympic Identity and Accreditation Card (OIAC) to each accredited individual participating in the Rio 2016 Olympic Games. The OIAC establishes the identity of its user and allows access to Olympic Games venues.

Before validation, the OIAC is referred to as a Pre-Valid Card (PVC). Accredited delegates will be able to validate their PVC upon arrival in Rio de Janeiro from 24 July 2016, in order to be able to access the Olympic Village and venues. Access to the Olympic Village is limited to individuals with access codes OLV and R. Access to other competition and non-competition venues is determined by the access conferred by the individual's validated accreditation.

PVC holders may enter Brazil (all ports of entry) multiple times from 5 July 2016 to 28 October 2016, upon presentation of their card and the same valid travel document (a valid government issued photo ID (RG) or Brazilian driving licence for Brazilians, a government issued photo ID for countries associated with Mercosur, or a valid passport for the above and all other nationalities) that was used in the application for accreditation, without requiring a separate entry visa. Accredited athletes (Aa category) and Team Officials (Ao, Ac, NOC or P category) are eligible for a visa waiver.

Individuals using their PVC or OIAC as a visa waiver to enter Brazil must ensure their identity document is valid until at least 31 December 2016. The identity document used to enter Brazil must match the information provided on their application for accreditation.

Accreditation facilities

During the Olympic Games, the Accreditation Centre at the Olympic Village Welcome Centre will serve as the primary accreditation centre for athletes and team officials.

Venue Accreditation Offices (VAOs) will be located at strategic locations close to official Olympic venues. The table below shows the accreditation facilities available and the services that will be provided at each.

FACILITY	POPULATION	VALIDATION	CARD PRODUCTION	PHOTO CAPTURE	HELP OFFICE
Tom Jobim International Airport (GIG)	All	✓	✗	✗	✗
Olympic Village (Welcome Centre)	NOCs	✓	✓	✓	✓
Olympic Family Accreditation Centre – Novotel Barra (near Windsor Marapendi)	IOC, NOCs and International Federations (IFs)	✓	✓	✓	✓

Media Accreditation Centre	Press and Broadcast	✓	✓	✓	✓
Venue Accreditation Offices (VAOs)	All	✓	✗	✗	✗
Deodoro Accreditation Centre	All	✓	✓	✓	✓
Uniform and Accreditation Centre (UAC)	All	✓	✓	✓	✓
Football Venue Accreditation Centres	All	✓	✓	✓	✓

ACCREDITATION CODES

The Accreditation Card Operating System assigns access privileges according to a privilege matrix that includes any function performing an official role at the Games. The privileges are based on accreditation zones and are printed on the OIAC along with the individual's personal information, function and responsible organisation. At sport venues the privileges give access to accreditation zones as described below:

ZONE	ACCESS ENTITLEMENTS
Blue (colour)	Field of play - competition areas
Red (colour)	Operational areas
White (colour)	Accredited persons circulation areas
2	Athlete preparation area
4	Press areas
5	Broadcast areas
6	Olympic Family areas

At the Olympic Village, the Village Plaza is open to any appropriately accredited persons (those with the OLV privilege code on their OIAC) including visitors (with a guest pass), while access to the Residential Zone is limited to those either staying or working within:

ZONE	ACCESS ENTITLEMENTS
R	Olympic Village Residential Zone

LOST, STOLEN OR DAMAGED CARDS

If an OIAC is stolen, lost or damaged (for example, torn or water-damaged) after validation, it can be reissued at any accreditation facility. Please note the following:

- The individual concerned must make a written, signed declaration.
- A lost or damaged OIAC will be cancelled in the accreditation system, and will not be reactivated even if found at a later date.
- A lost or damaged OIAC will be reissued as soon as possible, after notification has been submitted and the individual presents a valid form of identification. The valid form of identification must be the one which was used in their application for accreditation.
- Reissuance can take place at any of the accreditation facilities listed in the above table.

Team Welcome Ceremonies

Team Welcome Ceremonies (TWCs) are the official welcome to all NOCs participating in the Rio 2016 Olympic Games and will take place in the Olympic Village Plaza before the Opening Ceremony. The exact date and time will be confirmed by your NOC. Each TWC will last no longer than 35 minutes and involve at least one and a maximum of five NOCs.

Opening and Closing Ceremonies

OPENING CEREMONY

The Rio 2016 Opening Ceremony will be held at Maracanã on 5 August 2016 from 20.00 until 23.30. Please note that these times are subject to change.

All marching athletes and team officials will be transported by bus from the Olympic Village to Maracanã for the Opening Ceremony. Transport services for marching athletes and officials on the day of the Opening Ceremony will be available from the Olympic Village only. All marching athletes and officials staying outside the Olympic Village will need to make their way to the Olympic Village to use the transport provided to Maracanã and also to return from the Olympic Village to their accommodation after the ceremony.

Competing athletes (Aa) will march by virtue of their accreditation and will not need a marching pass. Team officials (Ao, Ac) and P alternate athletes will require a marching pass and accreditation to participate in the Athletes' Parade.

Delegations will march in the protocol order that is dictated by the Portuguese language. Greece will march first and Brazil last.

Delegations will enter Maracanã and parade across the field of play past the Presidential Box in view of the audience before being directed to their position on the field of play. Athletes will then stand for the remainder of the ceremony, which is scheduled to conclude at 23.30.

An early departures service to the Olympic Village will be offered for athletes and officials wishing to leave the ceremony immediately after they parade. The early departures process will start immediately after Greece has finished marching and will be provided until the regular departure services start. The first bus for the early departure service is expected to leave Maracanã at 21.00; however, buses will depart only when full, therefore athletes may be required to wait.

CLOSING CEREMONY

The Rio 2016 Olympic Games Closing Ceremony will be held at Maracanã on 21 August 2016 at 20.00. The ceremony is scheduled to conclude at 22.10. Please note that these times are subject to change.

As opposed to the Opening Ceremony, for the Closing Ceremony, all athletes and officials will require a marching pass together with their accreditation.

For the Closing Ceremony, there is no protocol order in which NOCs must enter Maracanã and delegations will enter the stadium together. All other operations will mirror the Opening Ceremony's operations.

MARCHING ATHLETES AND OFFICIALS

During the Opening and Closing Ceremonies, athletes may not display any materials that contain any type of publicity or propaganda, as per Rule 50 of the Olympic Charter. All ceremony uniforms must follow the IOC's Guidelines Regarding Authorised Identifications.

Ticketing

Athletes and officials may access the athletes' stand during competition for their own discipline(s) without a ticket, upon presentation of their Olympic Identity and Accreditation Card (OIAC).

DIFFERENT DISCIPLINE SPECTATING ATHLETES (DDAS) AND OFFICIALS

Rio 2016 is offering a limited number of complimentary tickets for athletes (Aa) and officials (Ao) to the A stand in competition venues for all sport disciplines, except Football matches in the co-host cities. Please contact your NOC for further details on how these can be requested, but please also remember that complimentary tickets will be limited in number, and demand is expected to exceed supply for many venues.

DDA transport to venues

See page [97](#).

ATHLETE FAMILY AND FRIENDS (AF&F) TICKETS

Rio 2016 has set aside tickets specifically for sale to the family and friends of athletes who are participating in the Rio 2016 Olympic Games.

Rio 2016 will guarantee two tickets per athlete, per session they are competing in, with the exception of Swimming, where one ticket per athlete will be offered. Once the designated tickets have been collected, no further tickets will be issued.

TICKET BOX OFFICES

Ticket box offices will be located at competition venues and shopping malls (Shopping Leblon and Via Parque). Box office opening hours and dates at shopping malls and venues vary. Updated information can be found on Rio 2016's website (<https://ingressos.rio2016.com>). There will also be a ticket box office in the Olympic Village Plaza, which will be open from 24 July to 21 August from 9.00 until 21.00 (according to Village Plaza opening hours).

TICKET TOUTING

It is a criminal offence to resell Rio 2016 tickets for a price over the face value, and infractions may result in legal action. Unauthorised resale or misuse of Rio 2016 tickets may be considered a violation of the Rio 2016 Terms and Conditions of Ticket Purchase and may result in the tickets being declared void and the ticket holder being denied entry to the venue. Any misuse of tickets acquired via the AF&F or DDA ticketing programmes may result in a loss of future ticketing privileges.

Transport

A summary of transport at the Games follows below. Please note that full details of transport services at the Games, including timetables, may be found on Info+.

TRANSPORT FOR ATHLETES SYSTEM (TA)

The Transport for Athletes (TA) system will provide bubble-to-bubble transport services for athletes and NOC team officials (Aa, Ac, Ao and P alternate athletes), and their personal equipment, from 24 July until 21 August 2016 for competition and training.

P accredited training partners, personal coaches and Training Venue Pass (TVP) holders do not have access to the TA system. The TA comprises the following services:

- Arrivals and departures between Tom Jobim International Airport (GIG) and Santos Dumont Domestic Airport (SDU), and the Olympic Village
- Transport between the Olympic Village and official competition and training venues
- Internal Village Transport Service (IVTS) operating inside the Olympic Village (see below)
- Ceremonies services
- Recreational services to Via Parque shopping mall and Barra beach
- Football co-host city transport

Internal Village Transport Service (IVTS)

A daily Internal Village Transport Service (IVTS) shuttle will connect key locations inside the Olympic Village, including the Welcome Centre, the Main Dining Hall, Athlete Transport Mall, Village Plaza and the Residential Zone. This service will operate 24 hours a day from 18 July until 24 August 2016, except on Opening and Closing Ceremony days. Frequency will vary depending on the time of day.

Scheduled competition and training services from the Olympic Village

Regularly scheduled transport services will connect athletes to designated stand-alone training venues and competition venues that also serve as training venues. Services are scheduled in line with the training requirements of individual sports. The service will commence on 24 July 2016 (after 12.00) for most sports and will continue until the close of each sport's individual training session.

On competition days, the TA service will be scheduled so that the first bus arrives at the competition venue two to three hours prior to competition starting, in accordance with each sport's requirements. The last bus to leave the competition venue will vary according to the sport's requirements, a maximum of two hours after competition has finished. All schedules will be available on Info+, as well as at the SIC and SID.

Estimated travel times are based on use of the Olympic Route Network (ORN) for as much of the journey as possible and do not include any security screening times, queuing time at the VSA or, where applicable, in-venue travel times.

Scheduled services for spectating athletes

A dedicated transport service will be provided for team sport venues or venues where Rio 2016 anticipates a high demand of athletes wishing to spectate. The dedicated transport service for spectating athletes/officials will be available on competition days only. The service will run from the Athlete Transport Mall at the Olympic Village to the spectators' area at specific clusters or competition venues. The frequency of the service and type of vehicle (coach or bus) will depend on the sport/competition session. There are two types of dedicated services:

- **Dedicated shuttle service:** Shuttle service departing from the Olympic Village at a frequency to be specified on Info+ and departing from the venue to the Olympic Village up to 30 minutes after the competition session ends.
- **Pre-defined departure service:** One-departure only service departing from the Olympic Village at a set time indicated on Info+ and leaving the venue 45 minutes after the competition session ends.

For venues where dedicated transport services will not be available to travel to the venue to spectate, Same Discipline Athletes (SDAs) and Different Discipline Athletes (DDAs), as well as accredited team officials, will be able to use the existing competition TA system. In this case, priority will always be given to competing athletes.

Neither TA nor spectator-dedicated transport services will be available for athletes and officials wishing to spectate at Riocentro, as the venue is within walking distance from the Olympic Village Welcome Centre, or at the Olympic Golf Course, which can be accessed using the Bus Rapid Transit (BRT) system.

NOCs should also encourage their athletes and team officials to use public transport to travel to and from competition venues in Barra to spectate. The Bus Rapid Transit (BRT) service in Rio will be free of charge for all accredited athletes and team officials at Games time.

A list of venues and sports serviced by the spectating athlete transport services is detailed below.

TYPE OF SERVICE	VENUE DROP-OFF	SPORTS/DISCIPLINES		
Dedicated shuttle service	Barra Olympic Park	Basketball	Synchronised Swimming	
		Diving	Taekwondo	
		Fencing	Tennis	
		Gymnastics	Track Cycling	
		Handball	Water Polo	
		Judo	Wrestling	
		Swimming		
Deodoro Common Domain		Basketball	Modern Pentathlon	
		BMX	Mountain Bike	
		Canoe Slalom	Rugby	
		Equestrian	Shooting	
		Hockey		
Maracanã precinct		Football		
		Volleyball		
Olympic Stadium		Athletics		
		Football		
Pre-defined departure service	Fort Copacabana	Marathon Swimming		
		Road Cycling		
		Triathlon		
	Lagoa Stadium		Canoe Sprint	
			Rowing	
Pontal		Race Walk		
Sambódromo		Marathon		
Existing TA service	Beach Volleyball Arena	Beach Volleyball		
	Marina da Glória	Sailing		
	Sambódromo	Archery		

Olympic Route Network (ORN)

The Olympic Route Network (ORN) is a network of roads linking all official competition and non-competition venues in Rio de Janeiro.

The ORN consists of a combination of dedicated and priority lanes for vehicles with a Vehicle Access and Parking Permit (VAPP):

- **Dedicated lanes:** exclusively for vehicles displaying a VAPP and emergency vehicles.
- **Priority lanes:** only for vehicles displaying a VAPP, emergency vehicles, taxis and public urban buses.

From 31 July 2016, all dedicated and priority lanes will be operational. Before that date, only some sections of the ORN will be operational from the Olympic Village as indicated in the table below:

DATES OF OPERATION	LANES AVAILABLE	DESCRIPTION	VENUES
24-30 July 2016	Dedicated lanes on Transolímpica	Olympic Village to venues in Deodoro zone	All Deodoro venues
	Priority lanes	Shared bus and taxi lane	Copacabana, Deodoro and Maracanã
31 July-22 August 2016	Full ORN	All clusters and venues, as detailed on the ORN map	All venues

In circumstances when the ORN is inaccessible, for example, due to a traffic accident or the Opening and Closing Ceremonies, an alternative route will be in place for properly VAPPED vehicles.

Road Event Olympic Route Network (REORN)

The Road Event Olympic Route Network (REORN) will also be in operation during familiarisation and road event competition days, when road closures on the ORN will be in place.

Public transport

TRAVEL WITHIN RIO

Public transport available in Rio includes the following services:

- Bus Rapid Transit system (BRT)
- Metro
- Train (Supervia)
- Light rail train (VLT)
- Urban bus

Access to public transport services in Rio for individuals in the NOC accreditation categories will be free of charge. This includes the BRT, metro, train and VLT. No free public transport entitlement will be provided for Games Family at the Football co-host cities.

Spectators with tickets for Games events in Rio will need to purchase a Games travel card to use on public transport on the day of their event.

Public transport in Rio is being planned to operate for extended hours on specific days. Further information will be communicated closer to the Games.

Taxis

No taxi drop-off/pick-up areas will be available at competition or training venues.

From 24 July 2016, any un-VAPPed vehicles, including taxis, may drop off passengers close to the Olympic Village Welcome Centre, as long as at least one of the vehicle occupants has a PVC or an OIAC. Otherwise, the passengers must exit the vehicle at the VPC and walk 500m to access the Welcome Centre. The closest VPC to the Olympic Village Welcome Centre is located at the intersection of streets Olof Palme and Estrada dos Bandeirantes.

Unlicensed taxis do operate in Rio and Rio 2016 recommends using registered operators. Licensed taxis can be easily identified as they are yellow with blue stripes on the sides with red license plates.

Village

For details about the Olympic Village, please see the Athletes' and Team Officials' Guide, which is available on the Rio Exchange (<https://rioexchange.rio2016.com>).

Security

The federal, state and municipal governments are committed to the security of all those participating in and spectating at the Games, as well as the local population.

Rio 2016's Security team is responsible for planning and coordinating the general safety and security plans for the Games.

Security operations inside the Olympic Village, training and competition venues will be provided by the National Security Force (composed of public law enforcement agents), in close collaboration with Rio 2016 Security.

Venues and the Olympic Village will be under lockdown during Games time. During the lockdown period, all safety and security procedures will be implemented and access control will be activated with the support of security technology. Throughout this period, no individual, vehicle or equipment can enter the venues without the correct accreditation and security checks. . After the accreditation check, individuals must go through a personal and baggage inspection. To access locked-down facilities, all individuals must pass through an airport-style X-ray system, called a "mag and bag", at the Pedestrian Screening Areas (PSAs). This system aims to identify prohibited or restricted items before the individual can gain access to the venue.

Security at the Olympic Village

The Olympic Village will be surrounded by a secure perimeter fence. Closed Circuit Television (CCTV) and an intrusion-detection system will be in place at all access points, the secure perimeter and common areas. Cameras will not be in place on residential floors.

Entry into the Olympic Village will only be permitted with a valid accreditation and by passing through a PSA. This process will need to be completed on every entry and re-entry to the Olympic Village.

Security at competition and training venues

Accredited individuals will have a dedicated access point at each venue. They will enter the facility by presenting a valid accreditation and proceeding to the PSA or VSA. Spectators must present their ticket as they access the spectator entrance at competition venues.

Venue Security Command and Control (VSCC) will be in place at each competition and training venue to manage any emergency or security situations. Delegates should approach Rio 2016 workforce or security staff to request emergency assistance inside venues.

Security and transport integration

The Transport for Athletes (TA) system will operate on a “bubble-to-bubble” basis, from the Athlete Transport Mall at the Olympic Village to and from competition and training venues. This means that athletes and team officials will not have to disembark the bus at a VSA; however, these vehicles will need to stop at the VSA for a brief check.

Athletes and team officials will go through a visual accreditation check when entering training and competition venues. They will be allowed into the venues at a controlled, secured area. When returning to the Olympic Village from competition and training venues, athletes and officials will be required to pass through the PSA at the Athlete Transport Mall.

TA transport will have a tracking system, enabling buses to be monitored by Rio 2016 throughout the journey. There will be extensive policing and monitoring of the Olympic Route Network (ORN).

In order to gain access to the secure perimeter of competition and training venues, all vehicles, including T1, T2 and T3, must have the appropriate VAPP and go through the usual security process at the VSA. All passengers will be required to leave the vehicle and pass through a PSA.

PROHIBITED AND RESTRICTED ITEMS AT VENUES

The restricted and prohibited items policy applies to spectators and accredited individuals at the Games. Accredited athletes and team officials will be permitted to bring items into venues that are required for specific Games-related activities (for example, tools of the trade) through the designated athlete entrances at the Olympic Village and at competition and training venues.

The following table is based on the most updated version of the prohibited and restricted items lists and provides an overview of the items that are prohibited - ✘, restricted - R and permitted ✓ - at Rio 2016 competition and training venues, and the Olympic Village. Prohibited items will not be permitted into venues under any circumstances. Restricted items may be allowed into venues under certain conditions.

ITEM DESCRIPTION	OLYMPIC VILLAGE (residents only)	COMPETITION AND TRAINING VENUES (accredited athletes and team officials, spectators)
Tents, placards, spray paint or any other item which could be used for demonstrations or sabotage within a venue	✘	✘
Glass bottles, except medicines contained in glass bottles or beverages for children	✓	✘
Bottles of all beverages, food items and other liquids, including aerosols and gels	R Up to 5 litres per person, per entry through the security screening areas	R Up to 5 containers of up to 200ml each (combined maximum capacity of one litre)
Large flags, banners and associated poles, large umbrellas or other items of an excessive size that may disturb the event or restrict the view	✓	✘
Items too large to be electronically screened through a PSA	R Refer to restricted items below	✘
Musical instruments and noisemakers, (for example, hunting horns, air horns, klaxons, drums, vuvuzelas and whistles)	✓	✘
Walkie-talkies, phone jammers, radio scanners, wireless hubs and routers	✓	R Except approved items for accredited team members
Laser pointers, strobe lights and similar light-emitting devices	✘	✘
Bicycles, folding bicycles	R In limited numbers (see section 5.8.6)	✘
Roller-skates, skateboards, any other non-competitive sports material (e.g. rackets, Frisbees and balls), except sport equipment and other accessories used to assist people with an impairment	✘	✘
Pets or animals, except service dogs	✘	✘

All types of knives and bladed items, including pocket knives	✘	✘
Firearms and ammunition, including replicas, component parts or any device resembling a firearm	✘	✘
Offensive weapons or implements such as flick knives and extendable batons, or anything that can be used to cause injury to another person	✘	✘
Fireworks, explosives, flares and smoke canisters	✘	✘
Toxic and dangerous materials	✘	✘
Controlled drugs, including substances that resemble controlled drugs, with a medical prescription	✓	✓
Medicines for personal use in reasonable quantities	✓	✓
All photographic and professional broadcasting equipment, including tripods and monopods	✓	✘
Flags of countries not participating in the Games	✘	✘
Objects or clothing bearing political statements which are in violation of the Olympic Charter (Rule 50)	✘	✘
Objects that contain commercial identification and may be used for ambush marketing	✓	✘

In addition to the information provided in the table above, residents of the Olympic Village will be permitted to bring the following restricted items into the Village:

- **Laser pistols for Modern Pentathlon (up to two per competitor), provided that the DUA permit has been issued by the Brazilian army. Should this be the case, the pistols must be kept in the NOC's allotment.**
- **Large items which cannot be screened through a PSA may be brought into the Olympic Village through the Material Transfer Area (MTA).**

NOC assistants will be permitted to bring some items into the Olympic Village on behalf of their NOC, such as food and beverages for personal consumption, equipment and other items, including walkie-talkies, banners and large flags, which are permitted for residents.

Accredited athletes and team officials are permitted to bring food and liquids (up to five litres per person) for personal snacks into competition and training venues, but there are no refrigerators available for the storage of perishable items. Accredited athletes and officials will not be permitted to bring alcohol into the competition or training venues.

Rio 2016 Security reserves the right to refuse entry at its discretion of any item that appears suspicious.

REQUESTS FOR EMERGENCY ASSISTANCE

Emergency assistance outside Rio 2016 venues

Representatives from the police and security staff, as well as fire and medical specialists, will maintain a constant presence at official venues for athletes and team officials.

Emergency services will also be available throughout the city. The following numbers can be used for an immediate public security response outside the Olympic Village and venues:

EMERGENCY

190

FIRE DEPARTMENT AND AMBULANCE SERVICES

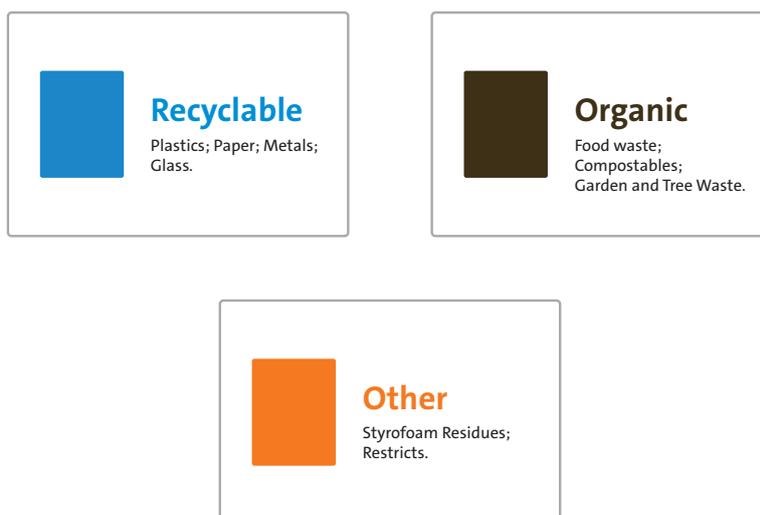
193

These services will be available in English and Portuguese. Please note that 911 and 112 (USA and Europe respectively) when dialled within the state of Rio de Janeiro will be re-directed to 190.

Recycling

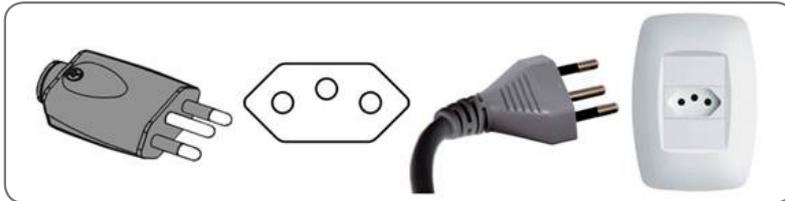
In line with environmental and political issues, directives, regulations and resolutions of local waste management, Rio 2016 has developed its strategy for waste segregation, treatment, destination and disposal.

In line with the Integrated Municipal Solid Waste Management Plan, Rio 2016 will offer different coloured bins, enabling a prior segregation of recyclable and other waste materials at the point of generation. Please select the correct bin when disposing your rubbish.



Electricity and adapters

Electrical outlets in the competition and training venues are 220 V, while in the Olympic Village apartments they are 127 V. Power sockets in Brazil require a three-pin plug (IEC 60906-1, as below) for power sockets; however, it is compatible with Europlug (C plug). Adapters/transformers will not be provided. Please be sure to purchase in advance the proper equipment for your needs and your team's needs.



Power sockets in Brazil



Europlug (C plug)

Rio 2016

RIO DE JANEIRO IN 2016

POPULATION

6,453,682, estimated in 2014

OFFICIAL LANGUAGE

Portuguese

CURRENCY

Real/Reais (plural)

LOCAL TIME

Greenwich Mean Time (GMT) -3

AREA

1,197 km² (Brazil: 8,515,767km²)

LATITUDE AND LONGITUDE

22°54'10" S, 43°12'27" W

ALTITUDE

2m

GOVERNMENT

Prefeitura do Rio de Janeiro (www.rio.rj.gov.br)

RIO DE JANEIRO, THEN AND NOW

The former capital of Brazil, Rio de Janeiro is located in the state of the same name on the south-eastern strip of the country's Atlantic coast. It is one of the most visited cities in the southern hemisphere. In January 1502, the second exploratory expedition by the Portuguese, led by Captain Gaspar de Lemos, reached Guanabara Bay. Legend has it that he entered the bay believing it to be a river, so he named it Rio de Janeiro, literally translated as "River of January".

Rio is a picture-postcard city, with lush green mountains, lakes, blue oceans and miles of white, sandy beaches. It is the home of Sugarloaf Mountain, Maracanã, Guanabara Bay and, overlooking it all, the statue of Christ the Redeemer. It is no wonder Rio is known as the "Marvellous City". The friendliness of cariocas (as Rio locals are known) can be witnessed in the streets, in the bars and at the beach.

CLIMATE

Rio de Janeiro benefits from a mild to warm climate during the winter month of August. Based on statistics from recent years, athletes can expect an average daily high of around 21-22°C (70-72°F) in the Olympic Village. On average, relative humidity ranges from a minimum of approximately 60 per cent to a maximum of approximately 80 per cent. The average monthly rainfall during August is 42 millimetres; the prevailing winds are from the south-west and south-east. The average daylight hours in Rio de Janeiro at Games time (August) are from 6.00 to 18.00.

THE CITY'S OLYMPIC HERITAGE

Brazil is a nation with sport in its blood and has always been a serious competitor in the Olympic Games. Never content with just taking part, the country has long dreamt of hosting the world's biggest sporting event. Brazil's first bid came in 1932, to host the 1936 Games, but Rio de Janeiro failed to advance past the International Olympic Committee's initial selection phase. Sixty years later, Brasília was a candidate for the 2000 Games, until its bid was withdrawn in the first phase. But Brazilian hopes were not dashed, rooted as they were in a deep belief in the value of the Games, and with the certainty that hosting them would boost national development efforts. With firm, unyielding commitment, the groundwork was already being laid on a path that, with each bid, was taking on an ever more clearly defined direction.

Rio de Janeiro's next attempt was to host the 2004 Olympic Games, but again it did not pass the initial selection phase. The Committee's General Assembly made a strategic decision to focus on a Rio bid for the 2007 Pan American Games, with a commitment to making it the biggest and best such games ever held. Competitors and managers were determined to work towards ensuring that the cream of Brazilian athletes would compete on home soil, at a truly impressive event in state-of-the-art arenas. At the same time, Rio prepared its bid for the 2012 Games, in which the city was up against stiff competition. Despite the acknowledged quality of its bid, it was eliminated from the Candidate City shortlist.

Rio's 2004 and 2012 bids were part of an ongoing process in which the city's positive points were strengthened, and the weaker areas addressed, to provide the structure for the next Olympic bid. In 2007, the organisers of the Pan American Games exceeded all expectations, delivering the best edition in these games' history. The capacity to stage and promote a major sporting event had been proven, and recognition for all the effort expended did not take long to arrive: on 2 October 2009, after a hard-fought campaign, Rio de Janeiro won the right to host the 2016 Olympic and Paralympic Games, the first to be held on South American soil.

RIO 2016 OLYMPIC GAMES IN BRIEF

SPORTS

28

DISCIPLINES

42

MEDAL EVENTS

306

ATHLETES

10,903

COMPETITION VENUES

37

DAYS OF COMPETITION

19

COMPETITION SESSIONS

698

OLYMPIC VILLAGE OFFICIAL OPENING

24 July 2016

OPENING CEREMONY

5 August 2016

CLOSING CEREMONY

21 August 2016

RIO 2016 COMPETITION VENUES

A total of 37 competition venues, across four zones in Rio de Janeiro and the Football cities, will be used for the Olympic Games.

Barra zone

The Barra zone will be the heart of the Rio 2016 Olympic Games. Located in Zona Oeste (West zone), the area will be a beautiful setting for the competitions. Surrounded by lagoons, mountains and parks, this neighbourhood's idyllic natural setting will be home to the athletes, as well as welcome thousands of spectators and Games visitors. The Olympic Village, Barra Olympic Park, Riocentro, IBC/MPC and Barra Media Accommodation Villages are all located in the Barra zone. Barra will house 15 competition venues, with 16 sports taking place.

CARIOCA ARENA 1

Basketball

CARIOCA ARENA 2

Judo, Wrestling (Freestyle, Greco-Roman)

CARIOCA ARENA 3

Fencing, Taekwondo

FUTURE ARENA

Handball

MARIA LENK AQUATICS CENTRE

Aquatics (Diving, Synchronised Swimming, Water Polo)

OLYMPIC AQUATICS STADIUM

Aquatics (Swimming, Water Polo)

OLYMPIC TENNIS CENTRE

Tennis

RIO OLYMPIC ARENA

Gymnastics (Artistic, Rhythmic, Trampoline)

RIO OLYMPIC VELODROME

Cycling (Track)

Other venues in the Barra zone**OLYMPIC GOLF COURSE**

Golf

PONTAL

Cycling (Road - Time Trial), Athletics (Race Walk)

RIOCENTRO - PAVILION 2

Weightlifting

RIOCENTRO - PAVILION 3

Table Tennis

RIOCENTRO - PAVILION 4

Badminton

RIOCENTRO - PAVILION 6

Boxing

Copacabana zone

Copacabana is one of the city's most famous neighbourhoods. Located in Rio de Janeiro's Zona Sul, or southern area, it boasts a beautiful, crescent-shaped beach that stretches more than four kilometres. On Sundays, the lanes of Avenida Atlântica — the beachfront avenue — are closed to cars, so that cariocas and visitors can enjoy the pleasant promenade atmosphere. Families and people of all ages may practise sport, swim in the ocean or simply relax: this is the Copacabana spirit. With its world-famous beaches, beautiful mountains and globally recognisable landmarks, including Sugarloaf and Corcovado, the Copacabana zone will be the perfect setting for the road competitions. With a population of nearly two million people, the events will certainly benefit from an authentically energetic carioca vibe. Copacabana will house four competition venues, with seven sports taking place.

BEACH VOLLEYBALL ARENA

Volleyball (Beach Volleyball)

FORT COPACABANA

Aquatics (Marathon Swimming), Triathlon, Cycling (Road - Road Race)

LAGOA STADIUM

Canoe (Sprint), Rowing

MARINA DA GLÓRIA

Sailing

Deodoro zone

Located in the western part of Rio, the Deodoro zone is connected to the city centre and beyond by train lines. Venue construction for the Rio 2007 Pan American Games resulted in an increase in the number of youngsters practising sport, and it is anticipated that this level of participation will increase further with the opening of new venues for the Rio 2016 Games. Deodoro will house nine competition venues, with sports taking place.

DEODORO AQUATICS CENTRE

Modern Pentathlon (swimming)

DEODORO STADIUM

Modern Pentathlon (riding, combined event), Rugby

MOUNTAIN BIKE CENTRE

Cycling (Mountain Bike)

OLYMPIC BMX CENTRE

Cycling (BMX)

OLYMPIC EQUESTRIAN CENTRE

Equestrian (Dressage, Eventing, Jumping)

OLYMPIC HOCKEY CENTRE

Hockey

OLYMPIC SHOOTING CENTRE

Shooting

WHITEWATER STADIUM

Canoe (Slalom)

YOUTH ARENA

Basketball, Modern Pentathlon (fencing)

MARACANÃ ZONE

The Maracanã zone includes two of Rio's most iconic venues: Maracanã and the Sambódromo, in addition to the Olympic Stadium, built for the Rio 2007 Pan American Games, and nicknamed "Engenhão", after the Engenho de Dentro neighbourhood in which it is located. The zone, though part of Zona Norte, the northern area, is located close to the city centre. Hundreds of people visit the Maracanã complex every day, where they take advantage of its spaces for physical exercise, such as walking and jogging. Maracanã will host the Opening and Closing ceremonies of the Olympic Games, as well as Football and the adjacent Maracanãzinho will host the Volleyball competition. The Marathon (Athletics) and Archery competitions will take place in the Sambódromo, while the Olympic Stadium will be home to Athletics (track and field) and Football. In total, the Maracanã zone will house four Olympic venues, with four sports taking place.

MARACANÃ

Opening and Closing Ceremonies, Football

MARACANÃZINHO

Volleyball

OLYMPIC STADIUM

Athletics, Football

SAMBÓDROMO

Archery, Athletics (Marathon)

Football cities

In addition to Rio de Janeiro, Football events will take place in five other cities, taking the Rio 2016 Games around Brazil. The tournament will benefit of world-class stadia, which have hosted the 2014 FIFA World Cup Brazil.

MARACANÃ AND OLYMPIC STADIUM

Rio de Janeiro

AMAZÔNIA ARENA

Manaus

FONTE NOVA ARENA

Salvador

MANÉ GARRINCHA STADIUM

Brasília

MINEIRÃO

Belo Horizonte

CORINTHIANS ARENA

São Paulo



NOTES



MAPS

Olympic Games Rio de Janeiro (overview)

KEY

- BRT - Transcarioca
- BRT - Transoeste
- BRT - Transolímpica
- LRT
- Metro
- Railway
- BARRA METRO STATION
- CRUISE SHIP
- PORT
- AIRPORTS
- GIG - TOM JOBIM INTERNATIONAL AIRPORT
- SDU - SANTOS DUMONT DOMESTIC AIRPORT
- GAMES FAMILY HOSPITAL
- Rio 2016 HQ
- BARRA OLYMPIC PARK
- DEODORO OLYMPIC PARK
- COMPETITION VENUES
- BVA - BEACH VOLLEYBALL ARENA
- FTC - FORT COPACABANA
- GLO - MARINA DA GLÓRIA
- LAG - LAGOA STADIUM
- MRC - MARACANÁ
- OCC - OLYMPIC GOLF COURSE
- OLS - OLYMPIC STADIUM
- PON - PONTAL
- RCP - RIOCENTRO
- SBD - SAMBODROMO
- VILLAGES
- BVI - BARRA VILLAGET
- DAV - DEODORO ACCOMMODATION VILLAGE
- OLV - OLYMPIC VILLAGE
- HOTELS
- NOVOTEL HOTEL
- WINDSOR MARAPENDI
- WINDSOR BARRA / WINDSOR OCEÂNICO
- SHOPPING
- SHOPPING LEBLON
- VIA PARQUE SHOPPING MALL



Barra Olympic Park (overview)

KEY

COMPETITION VENUES

SECURITY PERIMETER

BRT - TRANSOLÍMPICA

BRT - TRANSCARIOCA

BRT - TERMINAL

WARM-UP AREA

MAIN PRESS CENTRE

INTERNATIONAL BROADCAST CENTRE

CARIOCA ARENA 1

CARIOCA ARENA 2

CARIOCA ARENA 3

FUTURE ARENA

MARIA LENK AQUATICS CENTRE

OLYMPIC AQUATICS STADIUM

OLYMPIC TENNIS CENTRE

RIO OLYMPIC ARENA

RIO OLYMPIC VELODROME

OLYMPIC PARK

OLYMPIC VILLAGE



Deodoro Olympic Park (overview)

KEY

-  COMPETITION VENUES
-  SECURITY PERIMETER
-  BRT - TRANSCARIOCA
-  BRT - TRANSOLIMPICA
-  RAILWAY LINE
-  BRT STATION
-  RAILWAY STATION
-  WARM-UP AREA
-  DEODORO OLYMPIC PARK
-  OLYMPIC VILLAGE
-  OLYMPIC EQUESTRIAN CENTRE
-  DEODORO AQUATICS CENTRE
-  DEODORO SHOOTING CENTRE
-  DEODORO STADIUM
-  MOUNTAIN BIKE CENTRE
-  OLYMPIC BMX CENTRE
-  OLYMPIC HOCKEY CENTRE
-  WHITEWATER STADIUM
-  YOUTH ARENA



Olympic Village

KEY

- SECURE PERIMETER
- INTERNAL VILLAGE TRANSPORT SYSTEM (IVTS)
- CONDOMINIUM FENCE LINES
- OPERATIONAL AREAS
- CHIEFS DE MISSION MEETING HALL
- MAIN ENTRY - GUEST PASS OFFICE, PROTOCOL OFFICE AND MEDIA CENTRE
- MULTI-FAITH CENTRE
- RECREATIONAL COURTS
- VILLAGE PLAZA
- IOC SPACE
- SPORT VIEWING ROOM
- PLACE OF MOURNING
- CASUAL DINING
- NOC SERVICES CENTRE
- SPORT INFORMATION CENTRE / WEIGH-IN AREA
- ENTERTAINMENT CENTRE
- WELCOME CENTRE
- DROP-OFF POINTS - T1/T2/T3
- P1 AND P2 PARKING
- NOC DEDICATED VEHICLE PARKING (P3)
- CYCLING VEHICLE PARKING (P3 CYC)
- NOC PARKING (P6)
- NOC VIV CIR PICK-UP/DROP-OFF (P6)
- INTERNAL VILLAGE TRANSPORT SYSTEM STOPS
- CONDOMINIUM ENTRANCE / EXIT
- RESIDENTIAL ZONE CONTROL POINT
- VEHICLE ACCESS
- TAXI DROP-OFF / PICK-UP
- ATHLETE TRANSPORT MALL
- BRT STATION
- GYM
- MAIN DINING HALL
- POLYCLINIC
- PEDESTRIAN SCREENING AREA
- RESIDENT CENTRES
- RESIDENT CENTRES (24 HOURS)
- RIO 2016 SUPERSTORE
- TEAM WELCOME CEREMONIES
- VEHICLE PERMIT CHECKPOINT
- VEHICLE SCREENING AREA



Cycling BMX - Olympic BMX Centre

KEY

-  ATHLETES' CHANGING ROOM
-  ATL ATHLETES' LOUNGE
-  ATHLETES' MEDICAL POST
-  ATs ATHLETES' SEATING
-  1 ATHLETES' STAGING
-  CM COMPETITION MANAGEMENT
-  FOP FIELD OF PLAY
-  IFo IF WORK AREA / LOUNGE
-  ITO / NTO CHANGING ROOM
-  IFL ITO / NTO LOUNGE AND WORK AREA
-  MZ MIXED ZONE
-  2 NEUTRAL SERVICE
-  OFL OLYMPIC FAMILY - ITO / NTO - ATHLETES' LOAD ZONE
-  OFs OLYMPIC FAMILY LOUNGE
-  OFs OLYMPIC FAMILY SEATING
-  Sport INFORMATION
-  TC TEAM CABINS
-  3 TEAM LEADERS' MEETING ROOM
-  TD^o TECHNICAL DELEGATES
-  ToileTS
-  WU WARM-UP AREA



Mountain Bike - Mountain Bike Centre

KEY

- ATHLETES' FLOW
- OLYMPIC FAMILY FLOW
-  AMBULANCE
-  ATHLETES' CHANGING ROOM
-  TA
-  ATL
-  ATHLETES' MEDICAL POST
-  BIKE WASH
-  COMPETITION MANAGEMENT
-  DOPING CONTROL
-  EQUIPMENT STORAGE
-  ITO / NTO WORK AREA
-  MIXED ZONE
-  OLYMPIC FAMILY LOAD ZONE
-  OLYMPIC FAMILY LOUNGE
-  OLYMPIC FAMILY SEATING
-  ON-VENUE RESULTS (OVR)
-  START / FINISH
-  TEAM TENTS
-  TOILETS



General View

Road Cycling - Road Race

KEY

1

FEEDING ZONE 1

2

FEEDING ZONE 2

FOP

FOP

3

NEUTRAL SERVICE



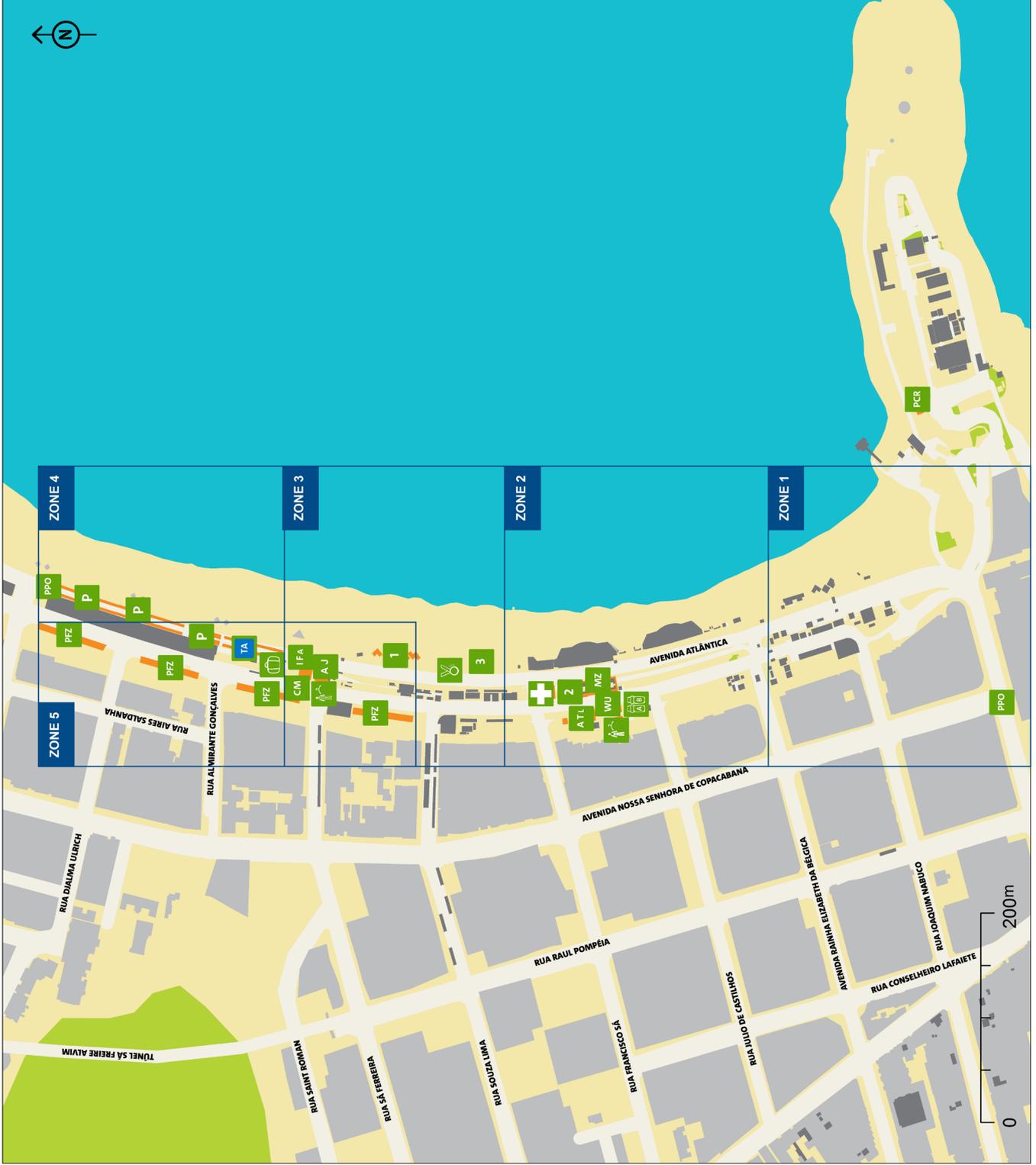
START / FINISH



Road Cycling - Fort Copacabana

KEY

AJ	APPEAL AND JURY
IC	ATHLETES' CHANGING ROOM
TA	ATHLETES' LOAD ZONE
ATL	ATHLETES' LOUNGE
+	ATHLETES' MEDICAL POST
1	ATHLETES' PREPARATION AREA
CM	COMPETITION MANAGEMENT
DC	DOPING CONTROL
ES	EQUIPMENT STORAGE
IC	ITO / NTO CHANGING ROOM
IFA	ITO / NTO WORK AREA
MZ	MIXED ZONE
PPO	PASSAGE POINT OBLIGATORY (PPO)
POD	PODIUM
2	PODIUM PREPARATION
PCR	PRESS CONFERENCE ROOM
3	SIGN-ON
P	TEAM PARKING AREA
PFZ	TEAM PARKING FZ CARS
WU	WARM-UP AREA



Road Cycling - Pontal (Detail Time Trial)

KEY

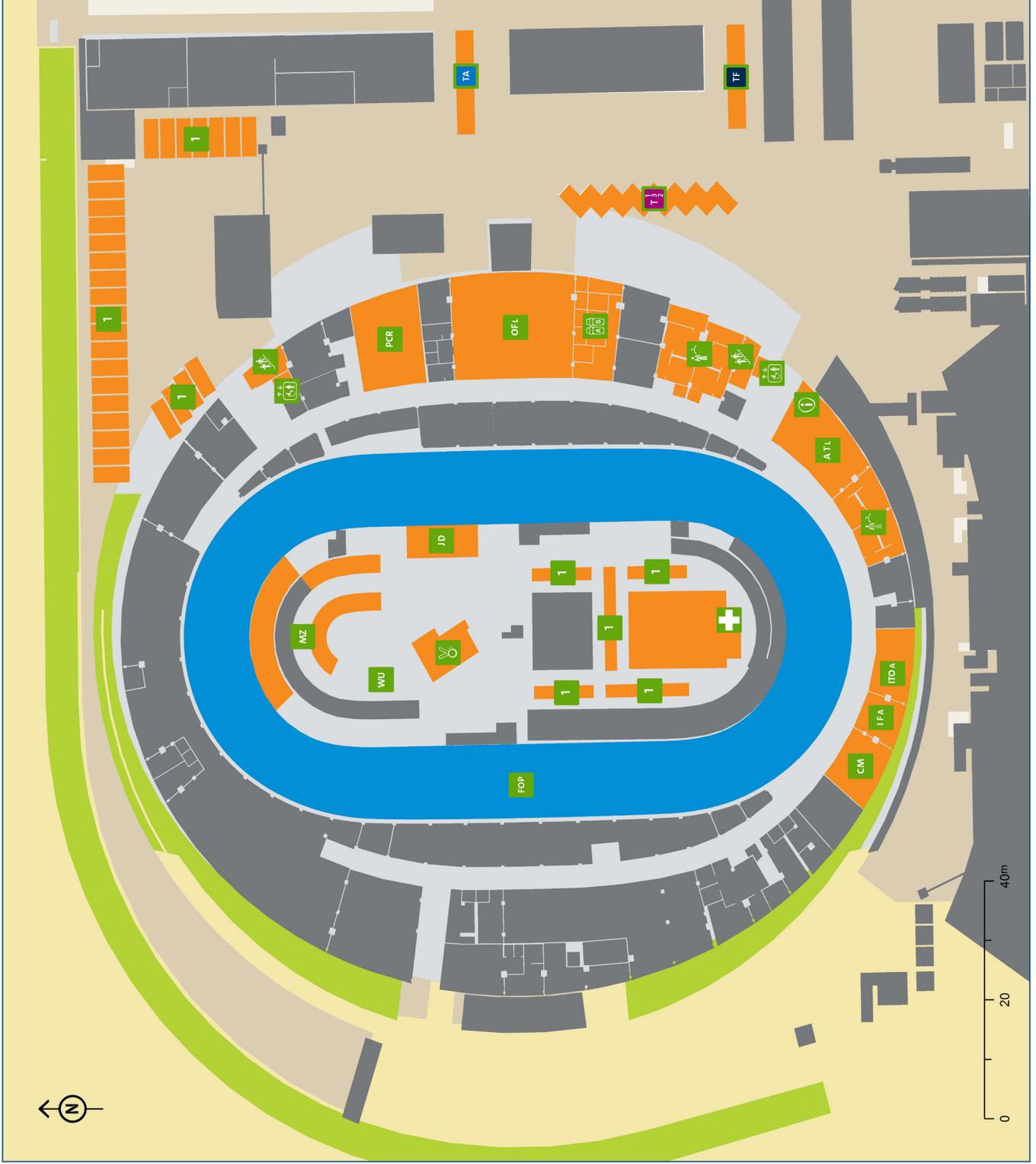
-  ACCESSIBLE TOILETS
-  ATHLETES' CHANGING ROOM
-  ATHLETES' LOAD ZONE
-  ATHLETES' LOUNGE
-  ATHLETES' MEDICAL POST
-  BIKE CHECK
-  COMPETITION MANAGEMENT
-  DOPING CONTROL
-  FIELD OF PLAY
-  FINISH
-  HOT SEAT
-  ITO / NTO LOAD ZONE
-  ITO WORK AREA
-  MIXED ZONE
-  NEUTRAL SERVICE
-  PASSAGE POINT OBLIGATORY (PPO)
-  PODIUM
-  PREPARATION FOR AWARD CEREMONY
-  PRESS CONFERENCE ROOM
-  SPECTATORS' STANDING
-  SPORT INFORMATION
-  START
-  TEAM PARKING AREA
-  TEAM TENTS
-  TECHNICAL DELEGATES
-  TOILETS
-  WARM-UP AREA AND BIKE CHECK



Track Cycling - Rio Olympic Velodrome

KEY

TA	ATHLETES' LOAD ZONE
ATL	ATHLETES' LOUNGE
+	ATHLETES' MEDICAL POST
↕	ATHLETES' CHANGING ROOM
CM	COMPETITION MANAGEMENT
🏠	DOPING CONTROL
FOP	FIELD OF PLAY
I FA	IF WORK AREA
🚻	ITO / NTO CHANGING ROOM
TF	ITO / NTO LOAD ZONE
ITOA	ITO WORK AREA
JD	JUDGES' STAGING AREA
🚶	LIFT
MZ	MIXED ZONE
T1	OLYMPIC FAMILY LOAD ZONE
OFL	OLYMPIC FAMILY LOUNGE
🏆	PODIUM
PCR	PRESS CONFERENCE ROOM
📄	SPORT INFORMATION
🚪	STAIRS
1	TEAM CABINS AND BOXES
WU	WARM-UP AREA





DAILY COMPETITION SCHEDULE



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WORLDWIDE OLYMPIC PARTNERS



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PERTO DE VOCÊ

06.2016

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